10 EMOTIONAL DANGERS OF UNCOMMITTED SEXUAL INTIMACY

1. Worry about pregnancy and disease
2. Regret and self-recrimination
3. Guilt
4. Loss of self-esteem and self-respect
5. The corruption of character
6. Shaken trust
7. Depression and suicide
8. Damaged or ruined relationships
9. Stunted personal development
10. Negative effects on marriage.