

Congratulations on your choice to participate in sorority recruitment! During this time, you and the sorority members will have a chance to get to know each other. Recruitment begins with Registration and meeting the Recruitment Counselors (RCs) who will guide you through the process and assist with any questions or concerns you may have.

You will meet many people and learn valuable information about each sorority and its members. For most events, casual attire is appropriate (no sweat pants or torn/discolored jeans). For the February 12th Preference Event, slightly dressier attire is recommended.

Greek affiliation provides the opportunity for leadership, community service, and social interaction. While all sororities strive for high ideals and the bonds of sisterhood, each possesses unique qualities. This is a time to find the sorority with which you can best identify and in which you feel most comfortable. Be yourself, not what you think someone else wants you to be. We encourage you to ask questions and keep an open mind throughout. Do not single select. Do what is best for you rather than for others. The formal selection process is very structured to promote fairness. It is not meant to be stressful. Try to relax and enjoy yourself. Recruitment Counselors are available 24/7 to speak with you.

What is a Recruitment Counselor? Recruitment Counselors (RCs) are sorority women who temporarily disaffiliate themselves from their respective chapters in order to guide and assist you through this process. RCs are specially selected, trained and excited to work with you. They should be available to answer any questions you may have concerning recruitment, Greek life or campus life at SUNY Cortland. RCs will be wearing a white t-shirt with the Panhellenic theme on it to all events. They are a valuable asset and most have experienced recruitment both as a PNM and as an initiated sister. They are important resources and you are their top priority. RCs are completely neutral and will not tell you which chapter to join (or not).

Another resource is Sandra (Sandy) Wohlleber, Associate Director for Campus Activities and Greek Affairs. She can be reached at 607-753-5769 (office) or 607-423-3294 (cell) or via e-mail.

Email address: Sandra.Wohlleber@cortland.edu.



The Panhellenic Creed

We, the Undergraduate Members of women's fraternities, stand for good scholarship, for guarding of good health, for maintenance of fine standards, and for serving to the best of our ability, our college and community. Cooperation for furthering fraternity life, in harmony with its best possibilities, is the ideal that shall guide our fraternity activities. We, as Fraternity Women, stand for service through the development of character, inspired by the close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.

The Sororities

ALPHA PHI

ΑΦ

VP of Recruitment: Sabrina Alberti
Motto: "Union hand in hand"
Colors: Silver and Bordeaux
Philanthropy: Alpha Phi Foundation/Cardiac Care
Minimum cumulative GPA to join is 2.50
Instagram: @Alphaphicortland

Cortland's Eta Tau chapter of Alpha Phi was chartered on April 30, 1989, and rents its chapter house located at 39 Tompkins Street. Annual fundraising events include their Red Dress Gala.

DELTA PHI EPSILON

ΔΦΕ

VP of Recruitment: Victoria Torchia
Motto: "To be rather than to seem to be"
Colors: Royal Purple and Pure Gold
Philanthropy: Anorexia Nervosa and Associated Disorders, Cystic Fibrosis Foundation, and the DPhiE Educational Foundation
Minimum cumulative GPA to join is 2.50
Instagram: @dphie_cortland

Cortland's Epsilon Kappa chapter of Delta Phi Epsilon was chartered on April 5, 1987. Delta Phi Epsilon rents its chapter house located at 64 Tompkins Street. Annual fundraising events include their "65 Roses" Banquet.

SIGMA DELTA TAU

ΣΔΤ

VP of Recruitment: Anna (Rosie) Houlihan
Motto: "One hope of many people"
Colors: Café Au Lait and Old Blue
Philanthropy: Prevent Child Abuse America, Jewish Women International, and the SDT Foundation.
Minimum cumulative GPA to join is 2.50
Instagram: @sigdelt_cortland

Cortland's Gamma Theta chapter of Sigma Delta Tau Sorority was chartered on March 24, 1988 and rents its chapter house at 55 Tompkins Street. Annual fundraising events include their "Kick Child Abuse to the Curb" kickball tournament.



Some Greek Terminology

Active: A fully initiated member of a fraternity or sorority.
New Member: A student who has accepted an offer of membership from a sorority or fraternity but has not yet been initiated.
Bid: An invitation to join a sorority or fraternity.
Chapter: A membership unit of a national, international or local sorority or fraternity.
Continuous Open Bidding (COB): Informal membership recruitment process when bids may be extended and accepted at a time other than during formal recruitment. Fall sorority recruitment is always COB.

ALPHA SIGMA ALPHA

ΑΣΑ

VP of Recruitment: Julia Melia
Motto: "Aspire, Seek, Attain"
Colors: Crimson and Pearl White
Philanthropy: Special Olympics, Girls On The Run, and the ASA Foundation
Minimum cumulative GPA to join is 2.50
Instagram: @alphasig_cortland

Cortland's Gamma Clio chapter of Alpha Sigma Alpha was re-chartered on March 21, 2009 (originally chartered in 1946). Many sisters choose to live together at 41 or 45 Tompkins Street. Fundraising events vary each year.

NU SIGMA CHI

ΝΣΧ

VPs of Recruitment: Jenna Wood & Kerstin Kiely
Motto: "Victory Through Loveliness"
Colors: Navy Blue and White
Philanthropy: American Cancer Society
Minimum cumulative GPA to join is 2.50
Instagram: @nusig_alpha

Cortland's oldest sorority, Nu Sigma Chi is also the only local Greek organization recognized by the university. Established on November 11, 1928, the chapter does not have an official chapter house. Their membership numbers may be small but their commitment to sorority life and each other is strong. Fundraising events vary each year.



Nu Sigma Chi will be holding separate recruitment events this semester with the full understanding, cooperation, and support of the Panhellenic Council and SUNY Cortland. Events are intended to be held in mid to late February but none were known when this brochure was created. For more information follow them on Instagram (see above). For their events, attendance will be taken but a PNM does not have to have registered ahead of time.



Formal Recruitment: Happens once a year, in February at SUNY Cortland; Very structured and PNMs must attend all events to which invited.
Legacy: PNM whose close female relative is a member of a specific sorority. Some sororities give preference to legacies, others do not.
MRABA: Document that all PNMs must complete at conclusion of formal recruitment; Indicates chapters from which they would accept offer of membership IF it were to be made.
Potential New Member (PNM): Any full-time SUNY Cortland student who may possibly be interested in joining a sorority/fraternity.
Strict Silence: That time following each chapter's final event where sisters cannot talk to any PNM about Greek Life. It ends after bid distribution.

Potential New Member (PNM) Guidelines

- All PNMs must be matriculated full time undergraduate students at SUNY Cortland. Nu Sigma Chi does accept graduate students.
- First semester first year students are **not** eligible to participate.
- All PNMs must be verified as academically eligible (at least a 2.5 cumulative GPA and 12 credit hours for returning students; at least a 2.5 cumulative GPA and 24 post-high school credit hours for incoming transfer students).
- Incoming transfer students must electronically provide a copy of their transcript(s) to Greek Advisor Sandra Wohlleber so she can verify eligibility. This must be done no later than noon on Feb. 10, 2023.
- A PNM shall not be, or ever have been, an initiated member of any NPC, NPHC, NALFO, and/or NMGC organization.
- A woman is ineligible for Recruitment if she has signed a bid with a NPC member organization within one year. Exception: If she decides to rush the same organization OR if done at a different school.
- Registration ends February 5th at 9 pm. No exceptions will be made.
- PNMs are not allowed at any off-campus sorority housing location until after formal recruitment has concluded.
- PNMs must go to all chapter events to which they are invited. If they don't, they will be dropped from recruitment.
- PNMs are not allowed to attend any recruitment event to which they have not been invited.
- Only the Greek Advisor can excuse a PNM from an event (or re-arrange a PNM's personal event schedule).
- During Recruitment, no sorority member may buy and/or give anything to a PNM or visa versa.
- Chapters must inform PNMs of financial cost and any residency requirements no later than Feb. 11. It is okay to ask questions.
- Alcohol, drugs, and men are not allowed at recruitment events.
- There will be no implied or direct promising of bids to PNMs by any sorority member - verbally, written and/or via social media.
- Strict Silence is the period in which there will be no conversation or contact (written or verbal) between sorority members and PNMs. This includes (but is not limited to) telephone calls, e-mails, text messages, Instagram, Twitter, etc. Strict Silence extends from the end of the PNM's last function on Sunday, Feb. 12 until after Membership Invitation Day on Feb. 14. Students can talk about classes and other non-Greek topics. Strict Silence does not apply to the Greek Advisor.
- A PNM must speak with the school's Greek Advisor prior to withdrawing from Recruitment.



Sandra.Wohlleber@cortland.edu 607-423-3294 or 607-753-5769

Recruitment Schedule, Condensed Version

9 am Wednesday, January 18 through 9 pm on Sunday, February 5

Virtual registration through CampusDirector; Greek Advisor will be verifying academic eligibility for all who register and will be in touch if there are any concerns. PNMs must register if interested in the possibility of joining Alpha Phi, Alpha Sigma Alpha, Delta Phi Epsilon, or Sigma Delta Tau this semester. Remember: Nu Sigma Chi is holding separate events.

Thursday, Feb. 9 Mandatory Orientation - Attendance is required

Only PNMs who are registered and academically eligible for consideration are to attend. Registered incoming transfer students who have yet to provide Greek Advisor with required transcript(s) are also welcome. Transcripts must be provided no later than 12 noon on Friday, February 10th.

Each PNM must attend one of the two sessions being held. Both sessions will be in the Corey Union Function Room.

Session #1: 4 to 5 pm

Session #2: 7 to 8 pm

Friday, February 10 Round #1—Open House All sessions in Sperry Hall

30 minutes per event with PNMs required to attend a short 4:45 pm meeting with Greek Advisor in Room 105 and then all 4 chapter events to which they are invited. Multiple events per chapter, starting at 5:15 pm and ending around 11 pm. Last event will end sooner if fewer than anticipated number of PNMs register.

Remember: Only Greek Advisor Sandy can excuse a PNM from any event.

Saturday, Feb. 11 Round #2 - Chapter Informationals

45 minutes per event with PNMs required to attend a short 11 am virtual WebEx meeting and then all in-person events (in Sperry) to which invited (maximum of 3); Multiple events per chapter, starting at 1 pm and ending around 8:45 pm. Day will end earlier if less events are needed.

Sunday, Feb. 12 Round #3 - Preference Events

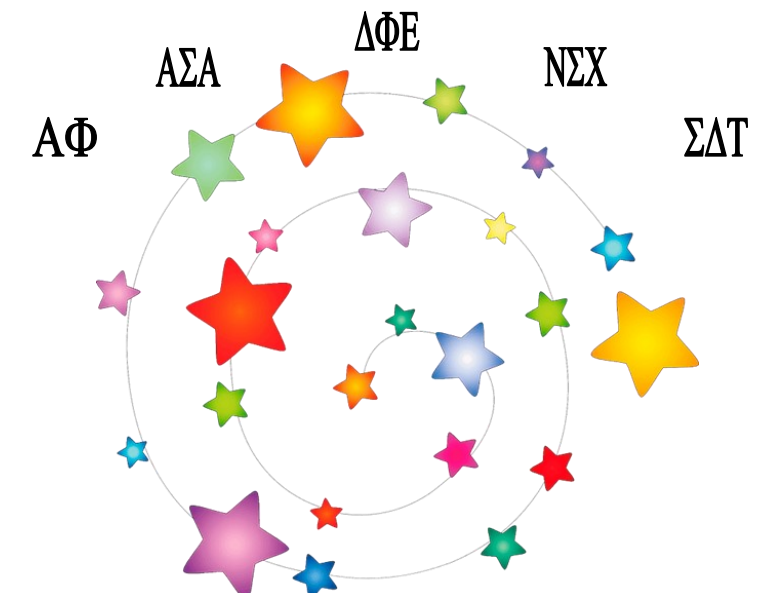
60 minutes per event with PNMs required to attend a short 11 am virtual WebEx meeting and then all in-person events (in Sperry) to which invited (maximum of 2); Multiple events per chapter, starting at Noon and ending around 10:30 pm. Day will end earlier if less events are needed.



The Cost of Sorority Membership

All sororities at SUNY Cortland have mandatory dues and other fees that allow each chapter to function at its highest potential. Some may also have additional miscellaneous fees. Please speak with your parents/guardian before making this financial commitment. Dues, etc. are to be paid each semester. The following is a range of the costs of sorority membership.

New member fee (one time only).....	\$57-\$100
Initiation & badge fee (one time only).....	\$130-\$185
Chapter dues/Other (per semester).....	\$125-\$450
Approximate total cost of membership.....	\$205-\$750



The Stars Align for Sisterhood



Welcome to Panhellenic

Spring Recruitment 2023!

All events are intended to be held in-person.

For more information: Visit the school's Fraternities and Sororities website or the Panhellenic Instagram site (@cortland_panel)



Local sorority ΝΣΧ holds separate events but is a full member of the SUNY Cortland Panhellenic Association