

Transfer Planning Sheet Sport Studies (SPST)

The following SUNY Cortland courses are recommended by the department to complete prior to transfer. The transfer credit limit from a 2-year college is 64 credits. All classes are three (3) credits unless otherwise noted. [SUNY Transfer Path](#) courses are underlined and notated in blue. Transfer students who have completed SUNY General Education prior to attending SUNY Cortland will have met their General Education requirements at SUNY Cortland.

SUNY General Education/Cortland Degree Requirements (33-34 credits)

Course I will complete at my current college:

- Communication 1 (GEC1)*
CPN 100 Writing Studies I
- Communication 2 (GEC2)*
CPN 101 Writing Studies II
- Communication – Presentation (GECp)*
- Diversity: Equity, Inclusion & Social Justice (GEDI)*
- Mathematics (GEMA)*
- Natural Sciences (GENS)* (3-4 cr)
- Humanities (GEHU)
- The Arts (GEAR)
- US History & Civic Engagement (GEUS)
- World History & Global Awareness (GEWH)
- World Languages (GEWL)**

***Indicates required SUNY General Education Category**

****A foreign language course at the beginning level I (101) is required for this major. Sign language is acceptable as a foreign language for this major.**

Major Requirements (24 credits):

- BIO 301 Human Anatomy and Physiology I (4 cr)
- BIO 302 Human Anatomy and Physiology II (4 cr)
- PSY 101 Introductory Psychology (will also fulfill GE Social Sciences)
- CAP 100 Introduction to Computer Applications
- EXS 100 Introduction to Kinesiology **OR**
EXS 197 History and Philosophy of Physical Education and Sport
- EXS 346 Sport Psychology **OR** EXS 367 Exercise Psychology
- EXS 351 Philosophy of Sport
- Three (3) credits of physical education activity courses
(courses on charts as PED 1XX electives are acceptable)

Electives (4-5 credits)

Total: 64

Sport Studies

School of Professional Studies

The program requirements pertain to the Undergraduate Catalog and are intended as a guide for academic planning. Students currently on SUNY campuses should consult their academic advisor for additional choices in general education categories when any course is recommended.

- To view all required courses for the program and Cortland's General Education courses, see the most current undergraduate [Catalog](#).
- Use the [transfer equivalency tables](#) to choose equivalents at your transfer college.
- If you plan to transfer before you complete your associate's degree, you can still earn your degree via [Reverse Transfer](#).

About Sport Studies

As a sport studies major, you'll look at sports and other physical activity through the lens of history, psychology and sociology. In addition to studying sports history, you'll look at the role of sport in American society. Sport studies examines sport's cultural relationship with education, the economy, families, the media and politics and considers race, class and gender differences in the sport experience.

Career Potential

- Youth sports director — YMCA/YWCA
- Sport psychologist
- Sport historian
- Sport sociologist
- Sports journalism
- Sports broadcasting
- Sport management
- Sports Information
- Coaching

What Will I Learn?

- You'll be in a **flexible, broad**-based program that combines major courses with a number of electives.
- Courses emphasize current research as well as its practical application.
- You'll take core courses in exercise science along with classes in other disciplines such as:
- History, Sociology, Psychology
- Physical education

Applying to Cortland

- SUNY Cortland accepts the Common Application and the SUNY Online [application](#). Choose just one way to apply; both require a \$50 non-refundable application fee.
- If you apply to Cortland using the SUNY application, SUNY will waive the \$50 application fee for transfer students graduating with an associate degree from a SUNY or CUNY college, who apply directly to Cortland for baccalaureate programs.
- Fall applicants should apply by March 1. Spring applications should apply by November 1.
- After [applying](#), students must send transcripts from all colleges attended and a high school transcript.