

Transfer Planning Sheet (Tompkins Cortland Community College) Therapeutic Recreation (TR), B.S.

The following SUNY Cortland courses are recommended by the department to complete prior to transfer. The transfer credit limit from a 2-year college is 64 credits. All classes are three (3) credits unless otherwise noted. Transfer students who have completed SUNY General Education prior to attending SUNY Cortland will have met their General Education requirements at SUNY Cortland.

SUNY General Education/Cortland Degree Requirements (28 credits)

Courses I will complete at TC3:

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| <ul style="list-style-type: none"> ○ Communication 1 (GEC1)*
CPN 100 Writing Studies I ○ Communication 2 (GEC2)*
CPN 101 Writing Studies II ○ Mathematics (GEMA)* ○ Natural Sciences (GENS)*
Recommended: GLY 261 Physical Geology (4 cr) ○ Humanities (GEHU) ○ The Arts (GEAR) ○ US History & Civic Engagement (GEUS) ○ World History & Global Awareness (GEWH)
Recommended: REC 150 Play Across Cultures ○ World Languages (GEWL)** | <p>ENGL 100</p> <p>ENGL 101</p> <hr style="width: 100%;"/> <p>GEOL 101</p> <hr style="width: 100%;"/> <hr style="width: 100%;"/> <p>RECR 150</p> <hr style="width: 100%;"/> |
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***Indicates required SUNY General Education Category**

****A foreign language course at the beginning level I (101) is required for this major. Sign language is acceptable as a foreign language for this major.**

Major Requirements (33 credits):

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| <ul style="list-style-type: none"> ○ REC 271 Foundations in Recreation ○ REC 293 Diversity and Inclusive Recreation Services
(will also fulfill GE Diversity: Equity, Inclusion & Social Justice*) ○ REC 330 Introduction to Therapeutic Recreation ○ REC 380 Leadership in Parks, Recreation and Leisure Services ○ BIO 301 or 302 Human Anatomy and Physiology I or II (4 cr) ○ COM 210 Fundamentals of Public Speaking
(will also fulfill GE Communication – Presentation*) ○ PSY 101 Introductory Psychology (will also fulfill GE Social Sciences) ○ PSY 333 Developmental Psychology ○ PSY 421 Abnormal Psychology ○ CAP 100 Introduction to Computer Applications ○ Two Recreation activity courses (2 cr) | <p>RECR 110</p> <p>RECR 210</p> <p>RECR 201 (Offered occasionally)</p> <p>RECR 120</p> <p>BIOL 131 OR 132 OR 201 OR 202</p> <p>ENGL 201</p> <p>PSYC 103</p> <p>PSYC 263</p> <p>PSYC 209</p> <p>Must do all 3 – CAPS 111, 121, 131</p> <hr style="width: 100%;"/> |
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Some choices include: Recreation activity courses (backpacking, canoeing, kayaking, windsurfing, rock climbing, snowshoeing, skiing, snowboarding, etc.), Studio Arts courses (ceramics, sculpture, drawing, etc.), Physical Education courses (racket sports, aquatics, adventure activities, etc.), Music courses, Theater courses, Intercollegiate Athletics participation

Electives (3 credits)

Total: 64

Therapeutic Recreation

School of Professional Studies

The program requirements pertain to the Undergraduate Catalog and are intended as a guide for academic planning. Students currently on SUNY campuses should consult their academic advisor for additional choices in general education categories when any course is recommended.

- To view all required courses for the program and Cortland's General Education courses, see the most current undergraduate [Catalog](#).
- Use the [transfer equivalency tables](#) to choose equivalents at your transfer college.
- If you plan to transfer before you complete your associate's degree, you can still earn your degree via [Reverse Transfer](#).

About Therapeutic Recreation

If you strive to help others on a daily basis and want to take part in one of the fastest growing health-related professions, therapeutic recreation is the major for you. You will focus on the use of various leisure activities to improve the quality of life of people with illnesses, disabilities and other limitations. Learn from distinguished faculty members looking to help you excel, and you will be well on your way to a successful career.

Career Potential

- Therapeutic recreation specialist in health-care facilities such as rehabilitation hospitals and psychiatric centers
- Therapeutic recreation specialist in long-term care facilities
- Therapeutic recreation manager
- Inclusion specialist in community parks and recreation departments or nonprofit agencies

What Will I Learn?

- Learn how to apply the therapeutic recreation process in a variety of settings to help people with disabilities and other differences achieve well-being
- Engage in an internship
- Learn how to assess the needs of clients and deliver customized programming in both clinical and community settings

Applying to Cortland

- SUNY Cortland accepts the Common Application and the SUNY Online [application](#). Choose just one way to apply; both require a \$50 non-refundable application fee.
- If you apply to Cortland using the SUNY application, SUNY will waive the \$50 application fee for transfer students graduating with an associate degree from a SUNY or CUNY college, who apply directly to Cortland for baccalaureate programs.
- Fall applicants should apply by March 1. Spring applications should apply by November 1.
- After [applying](#), students must send transcripts from all colleges attended and a high school transcript.