

**Concentration in Adapted Physical Education (APE)**

**Credit hours: Concentration = 12**

Course	Credit Hour
<b><i>Theory and Leadership: (4 credits) - Prerequisite PED 356</i></b>	
PED 447      Adapted Physical Activity and Individual Differences	3
PED 444      Lab Assistant (Adapted Phys. Ed.) (w/above classes) – One of these labs: M, F 12:40-1:45; M 6-7, 7-8; T 6-7, 7-8	1
<b><i>Activity: (2 credits)</i></b>	
PED 302      Disability Sports and Games- Spring, 4 <sup>th</sup> quarter	1
PED 303      Fitness across the Lifespan and Disability – Spring, 3 <sup>rd</sup> quarter	1
PED 305      Dance and Individuals with Disabilities –Spring, weekend workshop	1
PED 306      Adapted Aquatics	1
PED 307      Introduction to Inclusive Outdoor Education	1
PED 499      Special Study in Physical Education	1-2
<b><i>Recommended Electives: (must select a minimum of 6 hours)</i></b>	
ASL 101      American Sign Language	3
PED 499      Special Study in Physical Education - see Dr. Davis for Project LEAPE (Leadership and Education in Adapted Physical Education)	1-3
PSY 331      Psychology of Children with Exceptionalities	3
PSY 431      Psychology of Intellectual Disabilities and Autism	3
PSY 432      Psychology of Learning Disabilities	3
PSY 433      Behavioral Disorders in Educational Settings	3
REC 330      Introduction to Therapeutic Recreation	3
REC 293      Diversity and Inclusive Recreation Services	3
SPE 270      Introduction to Special Education	3
SPM 450      Disability and Sport	3

**Emphasis in Adapted Physical Education  
(6 credits minimum)**

Course	Credit Hour
<b><i>Theory and Leadership: (4 credits) - Prerequisite PED 356</i></b>	
PED 447      Adapted Physical Activity and Individual Differences	3
PED 444      Lab Assistant (Adapted Phys. Ed.) (w/above classes)- One of these labs: M, F 12:40-1:45; M 6-7, 7-8; T 6-7, 7-8	1
<b><i>Activity: (2 credits)</i></b>	
PED 302      Disability Sports and Games- Spring, 4 <sup>th</sup> quarter	1
PED 303      Fitness across the Lifespan and Disability – Spring, 3 <sup>rd</sup> quarter	1
PED 305      Dance and Individuals with Disabilities –Spring, weekend workshop	1
PED 306      Adapted Aquatics	1
PED 307      Introduction to Inclusive Outdoor Education	1-2
PED 499      Special Study in Physical Education	1

***Teacher candidates interested in a concentration or emphasis in Adapted Physical Education should meet with their advisors or adapted faculty members early to plan a sequence of courses.***