

Transfer Planning Sheet Health Education (HEC)

The following Cortland courses are recommended by the department to complete prior to transfer. The transfer credit limit from a 2-year college is 64 credits. All classes are three (3) credits unless otherwise noted. [SUNY Transfer Path](#) courses are underlined and notated in blue.

SUNY General Education/Cortland Degree Requirements (28 credits):

1. Any GE 1 Quantitative Skills
2. GE 2 Natural Science: BIO 110 Principles of Biology I (4 cr) *OR*
BIO 201 Biological Science I (4 cr)
3. GE 4 U.S. History & Society: HIS 200 The United States to 1877 *OR*
HIS 201 The United States since 1877
4. Any GE 6 Contrasting Cultures/Other World Civilization
5. Any GE 7 Humanities
6. Any GE 8 The Arts
7. Any GE 9 Foreign Language**
8. CPN 100 Writing Studies I
9. CPN 101 Writing Studies II

Course I will complete at my current college:

Major Requirements (24 credits):

1. PSY 101 Introductory Psychology (fulfills GE 3 Social Science)
2. BIO 301 Human Anatomy and Physiology I
3. BIO 302 Human Anatomy and Physiology II
4. CAP 100 Intro to Computer Applications
5. COM 210 Fundamentals of Public Speaking
6. HLH 210 Wellness and Health Promotion
7. HLH 232 Nutrition
8. PSY 231 Child Psychology, PSY 232 Adolescent Psychology *OR*
PSY 333 Developmental Psychology

Electives (12 credits)

Total: 64

**A foreign language course at the beginning level I (101) is required for this major. Sign language is acceptable as a foreign language for this major.

Health Education

School of Professional Studies

The program requirements pertain to the Undergraduate Catalog and are intended as a guide for academic planning. Students currently on SUNY campuses should consult their academic advisor for additional choices in general education categories when any course is recommended.

- To view all required courses for the program and Cortland's General Education courses, see the most current undergraduate [Catalog](#).
- Use the [transfer equivalency tables](#) to choose equivalents at your transfer college.
- If you plan to transfer before you complete your associate's degree, you can still earn your degree via [Reverse Transfer](#).

About Health Education

Teaching kids how to be healthy and practice good hygiene is only part of what a health education major covers. As a health education specialist, you could find yourself working in a community setting, on a college campus, hospitals or even in a corporate setting.

Career Potential

- Elementary health education specialist
- High school health educator
- Junior high school health educator
- Prevention specialist in school district or community
- District health education coordinator
- Public health educator

What Will I Learn?

You'll start with the basics of human anatomy and physiology and progress with a variety of health classes along with preparation for student teaching. The following concentrations give you the option to specialize in a particular area of interest.

Applying to Cortland

- SUNY Cortland accepts the Common Application and the SUNY Online [application](#). Choose just one way to apply; both require a \$50 non-refundable application fee.
- If you apply to Cortland using the SUNY application, SUNY will waive the \$50 application fee for transfer students graduating with an associate degree from a SUNY or CUNY college, who apply directly to Cortland for baccalaureate programs.
- Fall applicants should apply by March 1. Spring applications should apply by November 1.
- After [applying](#), students must send transcripts from all colleges attended and a high school transcript.

Cortland's Urban Recruitment of Educators (C.U.R.E.) Program (Fall Applicants Only)

- SUNY Cortland's C.U.R.E. program provides scholarship support, mentoring and programming to eligible students interested in working in urban education after graduation.
- Students from demographic groups that are underrepresented in teaching or students who have a serious interest in urban education are eligible to apply.
- Admission in the C.U.R.E. program is open to Fall applicants only. [Applications](#) can be submitted online.