

# True Intimacy

Popular culture often confuses sex and intimacy. True human intimacy means knowing another person—their thoughts, feelings, hopes, and dreams—and being known by them. We have to *learn* how to attain this kind of intellectual, emotional, and spiritual intimacy. One way to do that is to develop the art of asking questions that draw out the inside of another person and create meaningful and enjoyable conversation. Questions such as:

1. *What are two things you really enjoy doing? Why?*
2. *What are two things you're good at?*
3. *Who is someone you admire? Why?*
4. *What's one of your greatest achievements in life so far?*
5. *What are two things other people can do to make you happy?*
6. *What is a way you've helped another person? A way another person has helped you in your life?*
7. *What's one way you've changed as a person?*
8. *What was a disappointment that was tough to deal with when it happened, but helped you become a stronger or wiser person?*
9. *How do you make decisions about important things?*
10. *What do you worry about?*
11. *What is something you have strong beliefs about?*
12. *What is something in your life that you're grateful for?*
13. *What are two of your most important goals in life?*
14. *If you believe there is a God, what is your concept of God? When do you feel closest to God?*

—Tom Lickona, *Character Matters* ([www.Amazon.com](http://www.Amazon.com))