

## CSI Results

The CSI report is based upon the answers that you provided. Keep in mind that it reflects how honestly you answered as well as how you were feeling and what you were thinking the day you took the exam.

The CSI summarizes your responses and gives you feedback on several areas regarding your academic, personal, and social situations. It also gives feedback on how you perceive opportunities for support or help in these areas.

If you see a score that is a percentage, it tells you where your responses fall compared to college students across the country. Thousands of students take the CSI each year, so it is interesting to consider these scores.

The important aspect of this process is not the report; it is your evaluation and reflections about the report. Take time to read through the report carefully and think critically about the information it presents. Why might your score fall within a certain area? What could you do to change your perception or situation? What do you think it means overall for you? You do not have to agree, you just have to think about the information.

The CSI is a tool to get you thinking about your college experience and to help you make the most of your time at Cortland.

Write a 2 to 3 page paper looking at the following:

1. What areas were the strongest scores for you? Why do you think they were higher?
2. What areas were lower? Why do you think they were lower?
3. Where do you agree with information on the report?
4. Where do you disagree with information on the report?
5. Overall, what do you think of the CSI report?
6. What are the other ways you assess yourself and how well you are doing?

## CSI Review

Based on your review of the profiles and our discussion(s), have there been any surprises, confirmations, clarifications, or new questions regarding yourself, situation, or goals?

<b>Surprises?</b>	<b>Confirmations?</b>
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<b>Clarifications?</b>	<b>New Questions?</b>
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# College Student Inventory Worksheet

Based on our review of my College Student Inventory and my collegiate experience to date, I recognize the following strengths:

_____	_____
_____	_____
_____	_____

I also recognize the following “red flags” as potential obstacles to reaching my personal and academic goals:

_____	_____
_____	_____
_____	_____

Three campus resources I can use to capitalize on my strengths and build skills are:

Name	Locale	Phone
_____	_____	_____
_____	_____	_____
_____	_____	_____

# Integration and Action Plan

Student Name: \_\_\_\_\_ Advisor: \_\_\_\_\_

1. Based upon your review of scores, profiles and our discussion, list any surprises, confirmations, clarifications or new questions you may have.

<b>Please discuss items that surprise you:</b>	<b>Please discuss items that confirm your beliefs:</b>
<b>Please list items you want clarified:</b>	<b>Please list any new questions you might have:</b>

2. Based upon the review of the above information, list at least three of your strengths for college success: \_\_\_\_\_  
\_\_\_\_\_

3. Based upon the review of the above information, list at least three potential challenges to your success in college: \_\_\_\_\_  
\_\_\_\_\_

4. Please list at least three campus resources that you would like to be involved with: \_\_\_\_  
\_\_\_\_\_

5. Your chances of reaching your goals are increased when you are clear about your goal and make a commitment. [Commitment statements should be concrete, specific and achievable. For example, I plan to move ahead and make the commitment to... “visit Academic Support and Achieve Program (ASAP) every week” or “use the time management schedule and questionnaire” or visit my professor during office hours”] Please complete the following statement:

**I plan to move ahead and make the commitment to...**

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