

SUNY Cortland
General Education and Degree Requirements for the
B.S.Ed. Degree in Physical Education

Transfer Courses from SUNY Broome Community College
A.S. Physical Education/Sport Studies

General Education and Degree Requirements

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
GE 1: Quantitative Skills	3	Math – any SUNY GE 1 by advisement	3
GE 2: Natural Sciences	3-4	BIO 131 Human Biology I	4
GE 3: Social Sciences PSY 101 General Psychology I	3	PSY 110 General Psychology	3
GE 4: American History	3	HIS 130 U.S. History I Or HIS 131 U.S. History II	3
GE 6: Other World Civilization/Contrasting Cultures	3	HIS 116 The West and the World to 1500 Or HIS 117 The West and the World since 1500	3
GE 7: Humanities	3	ENG 220 Communicating About Ideas and Values	3
GE 8: The Arts	3	Art/Music/Theatre course – any SUNY GE 8 by advisement	3
GE 9: Foreign Language	3	Foreign Language – any SUNY GE 9 by advisement	3
GE 10: Basic Communications CPN 100 Writing Studies I AND	3	ENG 110 College Writing I	3
CPN 101 Writing Studies II	3	ENG 111 College Writing II	3
	30		
Presentation Skills requirement	3	Fulfilled by Cortland's EDU 255	
GE 11: Prejudice and Discrimination	3	Waived for Transfer Students with 35+ transfer credits	
GE 12: Science, Technology, Values & Society	3	Waived for Transfer Students with 35+ transfer credits	
BIO 301 – Human Anatomy and Physiology I	3	BIO 131 Human Biology I	Credits counted above
BIO 302 – Human Anatomy and Physiology II	3	BIO 132 Human Biology II	4
PSY 332 – Educational Psychology	3	PSY 250 Educational Psychology	3
Writing Intensive course	3	No equivalent allowed – fulfilled by one required PED course below	
Writing Intensive course	3	No equivalent allowed – need to complete at Cortland	
			38
		Credits to complete at Cortland	3

Professional Block: 2.5 GPA at Cortland required

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EDU 255 – Basics of Effective Instruction in Physical Education (Presentation Skills)	3	No Equivalent Allowed	
EDU 256 – Seminar for Field Experience	1	No Equivalent Allowed	
EDU 355 – The Physical Education Curriculum: Planning and Practice	3	No Equivalent Allowed	
EDU 454 – Pre-Student Teaching Conference in Physical Education	.5	No Equivalent Allowed	
EDU 455 – Student Teaching Seminar in Physical Education	.5	No Equivalent Allowed	
EDU 456 – Student Teaching in Physical Education	14	No Equivalent Allowed	
PED 201 – Motor Development	3	No Equivalent Allowed	
PED 356 – Adapted Physical Education and Sport	3	No Equivalent Allowed	
PED 321 – Movement Education	3		
	31		0
		Credits to complete at Cortland	31

Professional Education

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EDU 470 – Foundations and Organization of Modern Education (Writing Intensive)	3	No Equivalent Allowed	
HLH 110 – Personal and Community Health	3	PED 162 Personal and Community Health	3
HLH 120 – Responding to Emergencies	2		
EXS 230 Foundations of Coaching: Principles and Theories (3 cr) OR One course from PED 404-418 Coaching Clinics (2 cr)	2-3		
	10-11		3
		Credits to complete at Cortland	7

Physical Education Theory

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EXS 197 – History and Philosophy of Physical Education and Sport	3	PED 160 History and Philosophy of Physical Education and Sport	3
EXS 297 – Motor Behavior	3		
EXS 387 – Biomechanics	3		
EXS 397 – Exercise Physiology	3		
PED 101 – Intro to Contemporary Physical Education	1		
PED 308 – Outdoor Adventure Education for Teachers	3		
PED 382 – School-Based Fitness Programming	3		
PED 434 – Statistics and Assessment in Physical Education (fulfills GE 1)	3		
Choose one course from the following:	3		
EXS 287 – Social Psychological Aspects of Physical Activity			
EXS 290 – Social Problems and Issues in Sport and Exercise			
EXS 345 – Sport and Society		PED 161 Sport and Society	3
EXS 346 – Sport Psychology			

EXS 367 – Exercise Psychology			
EXS 410 – Ethics in Sport			
EXS 420 – History of Physical Activity and Sport in American Culture			
	25		6
		Credits to complete at Cortland	19

Physical Education Activities: 15 activity credit maximum to count toward major

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
PED 180 – Team Sport Methods	1	PED 180 Team Sports	1
PED 181 – Adventure Activities	1	PED 181 Adventure Activities	1
PED 189 – Aquatics	1		
PED 253 – Inclusive Activities in Physical Education	1		
PED 257 – Lifetime Activities in Physical Education	1		
PED 282 – Health Related Physical Fitness	1	PED 119 Solutions in Fitness and Wellness	1.5
PED 283 – Racquet Activities	1	PED 106 Tennis (.5 cr) and PED 169 Badminton (.5 cr)	1
PED 381 – Sport Models in Physical Education	1		
PED 384 – Self Defense	1		
PED 385 – Gymnastics Activities for School Settings	1		
PED 388 – Rhythms and Dance	1	PED 188 Rhythms and Dance	1
One Activity elective	1		
	12		5.5
		Credits to complete at Cortland	7

Electives

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
		PHI 203 Philosophical Issues in American Education	3
		PED 210 Exercise Assistant Internship	1.5
		EDU 111 Foundations of American Education	3
		COL 105 Academic Planning Seminar	1
		Total Transfer Elective Credits	8.5
Credits Required for Graduation	126	Total Transfer Credits	61
		Total Credits to complete at Cortland	67