# **Recreation Alumni Newsletter**

Summer – Fall 2002 By: Patrick K. Pryor



# Report from the Chair By Lynn Anderson

Viktor Frankl (1946/1963), philosopher and Holocaust survivor, wrote in the classic work, Man's Search for Meaning, "Ultimately, man (sic) should not ask what the meaning of his life is, but rather must recognize that it is he who is asked. In a word, each man is guestioned by life; and he can only answer to life by answering for his own life; to life he can only respond by being responsible. Responsibleness is the essence of human existence" (p. 172). This past year presented significant events that caused us all to pause, reflect, cry, and wonder "why?" What meaning can we find in a world where the familiar and secure are shattered in a moment by fellow humans filled with hatred? Pausing and reflecting often this past year has helped me more clearly understand how meaningful our work is in parks, recreation, and therapeutic recreation. People flooded to parks for candlelight vigils and a sense of connection to community. Musicians played the classics in evacuation shelters. Therapy dogs spent time at Ground Zero to soothe the shattered psyche of rescue workers cleaning up horror. People in droves sought out nature-based experiences to reconnect with something they could count on, something that calmed the soul.

I am a part of this meaningful activity, and I am further affirmed that helping prepare future professionals and fully educated citizens is worthy work. And we continue to develop the curriculum at

Cortland to help change the world in a positive way. Gordon Allport, known for his insightful work on prejudice and discrimination, often at the root of hateful acts, offered this parable: "See that man over there?"

"Yes."

"Well, I hate him."

"But you don't even know him!"

"That's why I hate him."

In the field of recreation, we break down these barriers. We help people, all people, get to know each other. And our curriculum purposefully provides the skills and knowledge to do so... a course on recreation and diversity .... a course on community leadership.... a course on inclusion .... fieldwork hours in diverse recreation and human service settings ... accessibility surveys of the Cortland campus... I could go on for pages. We purposefully prepare leaders who will be engaged citizens and competent professionals.

This coming year, we are implementing a new freshmen-level course, which we hope to include in the general education curriculum for all students at Cortland, called, "Play Across Cultures." The course is based on the premise that people who know and understand each other in a positive way will not hate, prejudge, or discriminate. The course will seek to increase awareness of how play is both different and alike around the world, fostering an appreciation of unique cultural meanings of leisure. It will explore leisure and play across international cultures, but will be rooted in each student's own cultural heritage, connecting students to the broader world. Dr. Vicki Wilkins will develop and teach the course.

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## **Report From the Chair (Continued)**

This course is but one example of the rich, meaningful activity in which we engage at Cortland. We welcome your involvement and suggestions. We welcome your assistance in sending our way promising young people you know who could also make a difference in this world by pursuing a meaningful career in recreation.

I encourage you to pause and reflect on the work you do in parks and recreation, and celebrate the difference you are making. Viktor Frankl's words echo strongly of the values of Gold Metcalf, founder of this department. Let me end with another excerpt from *Man's Search for Meaning*, "For the world is in a bad state, but everything will become much worse unless each of us does his best."

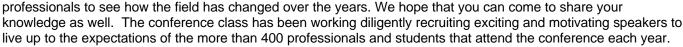
Lynn Anderson, Chair

# 2002 Conference News...

# A Word from the Conference Program Coordinators

Here we go again! 52 years of the SUNY Cortland Recreation Conference and we're still going. This year's theme is "Shooting for the Future, Opportunities for Tomorrow." The year's conference will be held on November 7th and 8th, 2002, in Fay Corey Union.

Our hope for this year's conference is to show where the field of recreation is going within the next decade, and to have students connect with



In addition to traditional speaker sessions, we are working on many special events including a new spin to the social and guided tours of the brand new Cortland Stadium Complex. We are certain that it will be a great time! We would like to congratulate the SUNY Cortland Recreation Alumni for helping to make this conference a success each year. We encourage everyone to come see what the 52nd Annual Cortland Recreation Conference is all about!

Deidre Sullivan, Program Coordinator



For the 52<sup>nd</sup> Annual Recreation Conference, we are excited to announce that Dr. Peter Witt will be this year's Metcalf Endowment Keynote Speaker. Dr. Peter A. Witt is the holder of the Elda K. Bradberry Recreation and Youth Development Endowed Chair at



Sciences. He served as Department Head from 1993-2001. Dr. Witt's major interests are in the area of evaluating outcomes of programs being offered by recreation and park departments and other youth-serving agencies

A native of Los Angeles, Dr. Witt received his doctorate in recreation and leisure studies from the University of Illinois. He holds bachelor's and master's degrees from the University of California at Los Angeles.

Dr. Witt has many other responsibilities such as the coordinator of the Recreation and Youth Development Consortium, a joint effort of ten universities and a number of cities who are seeking to improve information about the impact and value of park and recreation youth services. He also coordinates the annual National Prevention through Recreation Services school sponsored jointly with the National Recreation and Park Association and a host city.

Dr. Witt has written five books and authored more than 150 articles and technical reports on the social psychological aspects of leisure involvement and recreation services for a variety of different user groups. Among his major works are Recreation Programs that Work for At-Risk Youth: The Challenge of Shaping the Future (with John Crompton), Recreation and Leisure: Issues in an Era of Change (with Tom Goodale, 3rd Edition) and The Leisure Diagnostic Battery (with Gary Ellis). He is also the current editor of the Journal of Park and Recreation Administration, former editor of the Journal of Leisure Research and Therapeutic Recreation Journal, and the founding editor of The Journal of Leisurability. He has been an associate editor or reviewer for almost every major journal in the leisure studies field in North America.

The 2002 Conference Planning Class is honored to have Dr. Peter Witt speaking at our conference this year.

Veronica Salamon, Special Programs Committee

### Then and Now

# Opportunities for Tomorrow at the 52<sup>nd</sup> Annual Cortland Recreation Conference

The 52<sup>nd</sup> Annual Cortland Recreation Conference will proudly hold a luncheon to honor the Silver Anniversary Class of 1977. Invited are all current and former Cortland students as well as faculty and staff. All alumni are invited to the luncheon where they are encouraged to present anecdotes and experiences of their times 25 years ago as a Cortland student in Recreation as well as what they have done since that time. At past luncheons alumni have presented slides, pictures, or anything else of interest to those in attendance. It is a time to share experiences with present students who have their own experiences to share as well. We expect the "Then and Now" luncheon to be just as enjoyable as in past conferences.

The "Then and Now" luncheon will be held on Thursday, November 7<sup>th</sup> in the Function Room at Corey Union. The conference planning committee is planning for fun as well as interesting and informative speakers at this year's conference, and we look forward to greeting the Class of 1977! If you need any additional information, please call (607) 753-4939. See you there!

James Holmgren, Silver Anniversary Committee

# **Department News... This Just In!**

## **New Course Update**

Winter Session 2003, SUNY Cortland and Ithaca College will co-sponsor a 3-credit internet-based course called "Learning to Play:Therapeutic Recreation in the Schools." Taught by Dr. Lynn Anderson at Cortland and Dr. Linda Heyne at Ithaca, the course will help develop the skills and knowledge needed by CTRS's to deliver much needed therapeutic recreation services in school-based settings. Watch the Cortland web site for details!

# **Dr. Arnold Completes Cornell's Human Resource Management Certification Program**

Margie Arnold may have received her doctorate in Leisure Studies, but the majority of her graduate coursework at the University of Illinois was in the School of Labor and Industrial Relations. Given that her area of concentration was Human Resource Management (HRM), it was no surprise to find Margie enrolled in Cornell's Human Resource Management Certification Program last fall. Margie was one of 40 HRM specialists studying upto-date knowledge regarding the legal environment pertaining to laws in general employment practices, recruiting

and selecting employees, performance appraisals, compensation and benefits, training and development, discipline and grievances, employee separations, and employee well-being. The intense eleven-week course was comprised of rigorous weekly examinations and a final examination. At the conclusion of the course, Dr. Arnold was awarded her certification for "successfully demonstrating the skills and knowledge required of professionals in the Human Resource field as presented and measured by the Society for Human Resource Management."

Margie Arnold, Associate Professor

## **Graduate Program still bursting at the seam!**

The graduate program in the Department of Recreation and Leisure Studies is still at an all-time high in terms of student enrollment. According to Margie Arnold, Graduate Coordinator, several applicants have acknowledged that the tragic events of September 11<sup>th</sup> have prompted a desire for a career change and recreation was the logical selection. In addition, the College has established a new Graduate Studies Office that aids in the recruitment of potential students.

In other related news, the graduate program is placing a greater emphasis on the culminating activities (theses, projects, and comprehensive exams). A record-high number of graduate students are diligently working on theses and projects, while the comprehensive examination has undergone major revisions. Students who wish to take the comprehensive examination now must enroll in a preparation course that enables students to better prepare themselves for the exam.

think indoor skiing or

snert shoeing will

catch-on!"

Margie Arnold, Associate Professor

## What's Happening Outdoors?

Outdoor pursuits activity classes have been very successful thanks to our graduate teaching assistants Penny James, Pat Mercer, Kendra Liddicoat, and many others. Outdoor activity courses taught included snowshoeing, backpacking, caving, crosscountry skiing, climbing, kayaking, teambuilding, and crafts taught by recent graduate, Rhonda Jacobs. We plan to continue to expand the diversity of the "...though I don't

outdoor opportunities for students available both academically and for the fun of it.

The Cortland Outdoor Opportunities Program (CO-OP) serves the outdoor education/pursuits needs of the

campus community and has been baffled by the weather this spring semester. The fall semester provided a variety of successful outdoor weekend trips and experiences. "Friday Night Friction" continued to be a popular bouldering experience for many climbers each week. Climbing in the gym on Saturdays was also very popular, and the general public has participated regularly. Weekend trips to backpack the Catskills and the Adirondacks were great experiences for the outdoor leadership classes to help facilitate. We also hosted a map & compass workshop at Lime Hollow Nature Center, and had several groups do trail maintenance as a service project. We managed to provide a snow shoeing workshop and a cross-country ski workshop in December. (Though, I must confess, we didn't have snow and actually skied in the carpeted Hall of Fame Room). We also snowshoed the remnant piles of snow along the parking lots, though I don't think indoor skiing or snert (snow and dirt) shoeing will catch-on!

Little did we know that we were not going to have winter this year. Thus, the snow shelter

> building, ski workshops, snowshoe trips, and so on, all bit the dust - no kidding! The moonlight snowshoeing event became a hike. CCRA's annual trip to Raquette Lake was postponed because of water on Raquette Lake and then later cancelled. The classes that needed snow went to the Tug Hill area or other fortunate locations on

the weekends. And, it seemed as though we stood in the window watching and waiting for the falling flakes to accumulate and they just didn't. So, here we are at spring. To sum it up, winter missed us!

On a better note: Kayaking in the pool is underway with lots of people anticipating spring and summer paddling trips. At this point, we are planning some day hikes on the Finger Lakes Trail, a backpacking trip, some day trips kayaking the Tioughnioga, a windsurfing picnic on Cayuga Lake, and the outdoor education classes are

romping around Hoxie Gorge and at some of the newer parts of Lime Hollow Nature Center. We would also like to squeeze in a fly-fishing seminar and perhaps some more caving experiences. The Outdoor Education Practicum (OEP) crew is gearing-up for this year's trip to Camp Huntington at Raquette Lake (May 27 to June 8). Incidentally, graduate students had heard so much from the undergrads about the OEP experience that we began a regular component for them. Of course, their requirements include a research or additional component.

Facilities upgrades: The outdoor lab that was once the rear part of A-307 classroom has become a regular meeting place since the permanent wall was finished last year. Outdoor classes meet there regularly as well as outfitting from "Fort Knox" gear room. Tom Quinn and other Physical Education

faculty enlarged the climbing wall in the gym over spring break. Thanks guys! We now have more routes, and therefore more opportunities, to hangaround the gym.

Grants last year, and hopefully this year, continue to provide valuable gear resources for the outdoor classes and our expanding on and off campus opportunities. An ASC grant provided a dozen pair of new snowshoes, a color brochure, kayak rescue equipment, and a variety of supply items for outdoor courses and the CO-OP program operation.

See you outdoors . . .

Dale Anderson, Lecturer (and outdoor pursuits specialist turned meteorologist)

## **Retirement Party Set for Jay Cummings**

After 32 years of cheerful, dutiful service as the Assistant Director of the Cortland College Outdoor Education Center at Raquette Lake, Jay Cummings will be retiring this fall. We would like to recognize his service and devotion to all of us who have had the opportunity to partake in the Raquette Lake experience as alumni campers. We, the alumni, would like to show our appreciation of Jay by honoring him at a Gala Family Celebration to be held on November 9, 2002, at Corey Union, SUNY Cortland Campus, Cortland, New York, at 5:00 PM. This party will include a hospitality hour, dinner, and entertainment. The cost of the adult meal will include money toward a gift for Jay.

In order to make this event even more special for Jay we would like to present him with a photo album and a memory book. The photo album will represent his tenure at Raquette Lake. If you would like to contribute photos, please send them to Mrs. Dottie Kreutzer, 26 Starlight Drive, East Islip, NY 11730-2317. Any written thoughts that you would like to share in Jay's memory book should be sent to: Mrs. Linda Fumarola, 907 Alfred Lane, Homer, NY 13077. (or email to: jaysparty@hotmail.com)

For more information or to request info sent to a friend, please contact: Dottie and Hank Kreutzer, 26 Starlight Drive, East Islip, NY 11730-2317, (631) 581-0366. Also visit Jay's Party website at www.jaysparty.homestead.com for a registration form and more information on the gathering.

Patrick K. Pryor, Graduate Assistant

## **Reflections on Our Progress**

I've reached that age where I occasionally find myself saying, "that's not the way we used to do it..." and "I remember when...." While I confess to sometimes wishing things were as they used to be, I more often am pleased they aren't. The state of our field is one of those things where the change has often been for the better. Let me share a few examples.

Four years ago I made organized camping a renewed focus of my teaching and professional involvement. Teaching REC 560, Camp and Outdoor Program Administration, and serving on the board of the American Camping Association, Upstate New York Section, I am impressed with how standards of practice have improved and with how well ACA serves it members today, compared with 15-25 years ago. Supervision standards are vastly improved, as is attention to matters of camper health and safety. Likewise, the field has a much greater consciousness of youth development and how to program to serve those needs.

The same can be said for outdoor pursuits programs. In 1976, when I started an outdoor program at Capital University, there were no published safety standards for conducting backpacking, rock climbing, and other such outdoor activities. If we thought of it at all (I'm glad someone advised me to do so), then we'd try to get hold of these materials from Outward Bound, NOLS, or another college program. Similarly, there were a few pamphlets on

leading successful backpacking trips, but nothing very solid. In the 1980s, a very few people were talking about leadership theory, group development, and "processing" skills, and we were a long way from having the body of knowledge and resources available today. Today, trip leaders are better trained, and this is shown by the impressive results of our outcomes in programs like Raquette Lake.

Every time I teach the concept of "recreation carrying capacity" I am again struck by the progress. After spending a couple of decades trying to define the concept and debating whether carrying capacities could be determined, a growing number of park and forest recreation management teams are setting capacities or prescribing social and resource quality indicators and then managing sites and visitors to keep use within those parameters. We have a long way to go, but at last we are guided by a growing body of knowledge about the dynamics of user impacts and the techniques for determining and maintaining capacities.

Research has had something to do with the progress. Twelve years ago, the Northeast Recreation Research Symposium would feature a couple of dozen research papers and management roundtables. The 2001 NERR Symposium, headed by SUNY Cortland's Sharon Todd, was nearly three times as large. Similarly, the Coalition for Education in the Outdoors Biennial Research Symposium has tripled in size from the first to the sixth edition.

There are many other examples of progress I could offer. All of them are a reason for us to feel pleased with the advancement of our field. Many SUNY Cortland alumni have fueled this progress; many have been leaders in professional organizations, authors, and solid, trend-setting practitioners. We can be proud of that.

All this progress is a vivid reminder of how important it is to keep up with our journals and to attend conferences. From year to year, it may seem like the same old stuff, but overlook it for long, and the changes are almost overwhelming. Or should I say inviting? Yes, inviting and exciting and encouraging. That's a good thing, because the challenges we face remain large and require us to keep at it.

Anderson Young, Professor

### You Better Belize It

With some regularity, students from the Recreation and Leisure Studies Department have been traveling to Belize to complete internships. Since the first three interns visited in 1996, as many as five have followed. And yet, no one from our department has been down to see exactly what they are doing! How fortunate for me to be the internship coordinator when the decision to send someone (and her family) was finally made.

Sister Mercy, who sets up the internship for students and arranges for their room and board with



a Belizean family, hosted my visit. Sister Mercy also arranges for each student to have a site supervisor and a local professional to act as an academic mentor.

During my visit I was able to spend lots of time with Sister Mercy visiting sites that have been used by our students as well as possible sites for future interns. I also visited with three professionals who have served as academic mentors to our interns. I met with the directors of the National Office for the Prevention of Child Abuse, the Department of Human Services, the Women's Department, the Audubon Society and both the YWCA and the YMCA. I was also able to spend an entire afternoon with Alison Van Every, a current intern, who has been in Belize since late January with Belitour, a touring business. Alison is working with the Lucky Strike team that takes groups of tourists on bike tours into the rainforest. We had enough time to complete part of the journey into the rainforest and took a van ride to the final destination, the Mayan Temple Altun Ha (pictured at left). What an incredible day; what an incredible internship!

Of course, there was lots of time to walk about Belize City and visit other sites: Caye Caulker and San Pedro for a little fun in the sun; Chaa Creek, where we met up with a group of Cortland students completing a field study in economy and ecology in a developing nation; Ixchel Farm, where we learned about Mayan remedies; and the Butterfly farm where

we stood covered with beautiful Blue Morpho butterflies. There were lots of local parks, and although most were very unkept, they were filled into the night with families flying kites and playing soccer.

I miss it. I miss the pace and I miss the warm, welcoming people that I met in Belize. I know that I will return to Belize, if not to visit interns, then to just see and do more, and to understand more about the culture and the people of this small developing nation. Meanwhile, there is much to do. I am in a much better position now to share Belize with our prospective interns and to re-connect with the professionals that I met there to discuss more diverse opportunities for our students. And they need our

help as well. The YWCA and the YMCA work hard to provide many services with little or no resources. I have started conversations with our coaches about extra or worn out equipment that we could send down to Belize. I intend to chat with folks in other places on campus as well. Any sharing of resources that we could do would be greatly appreciated.

Thanks, Belize. It was a pleasure to visit with you and your people and to see at least one of our interns in action. I'm certain that you have not heard the last of me or the last of Cortland's recreation interns!

Vicki Wilkins, Professor

# **Community Involvement**

## Research Benefits Lime Hollow Nature Center and Cortland Youth Bureau

For the past three years, graduate students enrolled in the research methods course (presently, REC 601 and 602) taught by Dr. Lynn Anderson, have learned about research through classroom instruction supplemented by completion of a community-based project. This collaboration between the recreation department and community agencies also provides a valuable service to the recipient agencies in the Cortland area. This year, the two sections of the course have conducted needs assessments for the Lime Hollow Nature Center and the Cortland Youth Bureau.

Lime Hollow Nature Center, located between Cortland and Dryden, was founded in 1993 to provide environmental education experiences to children and adults from the local area. Having recently purchased new property, Lime Hollow is currently planning to expand its programs and indoor teaching facilities. Through a telephone survey to the general public, a focus group with teachers, and a mail survey to the nature center's members, the graduate students gathered information to help direct the future growth of the center. The needs assessment focused on a variety of topics including how well known Lime Hollow is, why people do or do not visit

it, how they rate their experiences there, and what future developments they would like to see. The final results of the needs assessment was presented to the board of directors of Lime Hollow Nature and are expected to be of great use in planning for the future of the center.

The students in the second section of this course collaborated with the Cortland Youth Bureau to complete their needs assessment that is required every three years by New York State. Their study included a survey mailed to households in the area, surveys administered by teachers at Cortland juniorsenior high school, a focus group with selected youth, and a focus group with parents of children with disabilities. Of particular interest to the researchers and the Youth Bureau is the perceived quality of the local parks and facilities, views on programs and registration, degree of perceived accessibility for people with disabilities, and interest in developing new programs. Given this information, the Youth Bureau will be able to make informed choices with regards to future improvements and developments.

Through collaboration with local agencies the Recreation & Leisure Studies Department provides valuable research experience to students and a valuable service to the community.

Kendra Liddicoat, Graduate Assistant

## **Collaboration with Cortland Caregivers Resource Center**

In the fall of 1999, the Department of Recreation and Leisure Studies began an extremely successful collaboration with the Cortland County Caregivers Resource Center. Each fall, undergraduate and graduate students in recreation and leisure studies and gerontology who enrolled in a course entitled Leisure Services for

Older Adults are paired with older adults who receive services from the Caregiver's Resource Center. The students, instructor, and the Center Director made the pairings based on leisure interests, transportation, and in some cases, gender. Students were required to spend one hour a week in the home of the older adult to provide respite for their caregiver and social support for both the caregiver and the care receiver. Usually, the older adults receiving care had been diagnosed with dementia.

Based upon the assessment they conducted, students participated in leisure activities ranging from crafts to walking during their one and a half to two hours with the older adults. Students turned in a weekly journal outlining their time spent with the older adults. The focus of the journals varied, depending on the topics covered in class. For example, during the unit on physical effects of aging, students would comment on the primary and secondary affects of aging they observed in the older adult they were serving.

This program has had benefits for all parties involved. The students were able to witness the effects of aging first hand. It also enabled a more objective view of aging than most students have with their aging parents or grandparents. The instructor of the course had an opportunity to have richer discussions about aging. Furthermore, the caregiver is relieved from the pressures of caregiving, and could choose to take some time for themselves, catch up on household chores, or in some cases, join in the recreation activity. Joining in a recreation activity has enabled many caregivers to add to their lifetime memories in a new way. It allowed them to relate to the care receiver as a spouse, friend, or parent, etc., and gave them a break from thinking of them as a care receiver. The Caregivers Resource Center was able to add to its already wonderful programming and serve needs that might not already be met. Finally, the care receivers were able to put active leisure back in their lives and act as a mentor by teaching leisure skills to the students. The older adults had the opportunity to pass on their own knowledge and skills while experiencing the essential aspects of leisure, choice, competence, and control that may be lacking in their own lives.

This program will continue next fall where we hope to serve another 15-20 participants. The project could not have been possible without the dedication of the students and the guidance of Cindy Lewis, the Director of the Cortland Caregivers Resource Center. There have been presentations given on this project at the international, national, state, and local level. We hope to begin similar programs at some point in the future.

Susan Wilson, Assistant Professor

# **Student Profile**

## **Heather Howland Receives Gaus Scholarship**



Heather Howland was selected as the 2001 recipient of the four-year Joyce A. Gaus scholarship. This scholarship was established in recognition of the life-long environmental interests and teaching career of SUNY Cortland alumna Joyce A. Gaus '60. It was developed by the family of Joyce Gaus to give financial support to promising students majoring in Recreation

and Outdoor Education.

Heather, an honors student, comes to Cortland from Candor, New York; a small rural town located 45 minutes south of Cortland. As a freshman, Heather cannot be happier with her decision to come to SUNY Cortland. She was drawn to the Recreation field in part by her love for the outdoors. She enjoys working with people of all ages and being outdoors and hopes to some day be able to move out west and become a park ranger in Yellowstone National Park or work in another outdoor recreation agency in that area. After gaining experience in the field, Heather wants to go back to school and obtain her Master's degree, and later her Doctorate, to one day become a college professor.

The two deciding factors in Heather's decision to come to SUNY Cortland's Recreation program are the program and also the faculty. When meeting with faculty members prior to her decision, she was impressed with their openness and honesty as they patiently answered her questions. The faculty proved to Heather that the program offered the diversity that she was looking for. Since her arrival last August, Heather has been continually satisfied with her decision to come to Cortland.

Heather Howland, Freshman

### **Meet Our Graduate Assistants**

Many of the programs that make our curriculum and our individual courses rich are made possible through the very capable hands of our graduate assistants. This semester, we have five graduate students working with us in and out of the classroom. We'd like to introduce them to you.

Born in Livonia, Michigan, **Patrick Pryor** is an Outdoor/Environmental Education major and Associate Editor of *Taproot* magazine, the publication of the Coalition for Education in the Outdoors. He is also the Associate Director of the Lime Hollow Nature Center. His research interests include natural history, the development of narratives as teaching tools, and landscape history. Currently, he is working on a series of maps and a narrative describing the landscape history of the Beaver Creek area, in NY from 1790 to the present.

Patrick Mercer graduated from Lock Haven University of Pennsylvania in 1998 with a dual degree in Recreation, Outdoor Management and Leisure Commercial Management. Patrick is currently instructing several recreation activity courses such as Backpacking, Snowshoeing, Caving, Rock Climbing, and Advanced Rock Climbing. When he is not instructing classes, he's researching the best place to find inexpensive outdoor gear.

Kendra Liddicoat, a recipient of the Alumni Foundation Assistantship, began working in the department last fall and will be finishing her degree program this summer. She is concentrating in both Therapeutic Recreation and Outdoor/Environmental Education. Originally from Manhattan, Kendra received her B.A. in Biology from Swarthmore College in Philadelphia. As a graduate assistant, she has helped with the programming and leadership class as well as the TR courses. This semester she is also helping recruit new students and majors by collecting suggestions for changes to the website and by designing informational bulletin boards. After graduation, Kendra hopes to work with people with physical disabilities in an outdoor setting.

Penny James received her B.S. in Psychology ('95) from SUNY Cortland. She began working with us in September '00. Penny is currently assisting with the Special Events Planning Class on the planning of the 52nd Annual Cortland Recreation Conference and teaching activity classes. Penny is concentrating in Environmental and Outdoor Education. She would like to establish her own camp facility providing adventure therapy services for people with physical or psychological disabilities.

Jennifer Standish started working with the Department of Recreation and Leisure Studies in the fall of 2000. She has a B.S in Environmental Science with a minor in Chemistry from SUNY Plattsburgh. She is pursuing her Master of Science degree in recreation with a concentration in Environmental/Outdoor Education and environmental interpretation. Jennifer is currently teaching the special events planning class and helping Dr. Vicki Wilkins with the senior seminar class by maintaining the internship agency files.

### **Department Head**

Lynn Anderson, Ph.D.

#### Faculty

Dale Anderson, M.S.
Margaret Arnold, Ph.D.
Karina Murphy, M.S.
Wayne Stormann, Ph.D.
Ken Teter, M.S.
Sharon Todd, Ph.D.
Melody Warren, M.A.
Vicki Wilkins, Ph.D.
Susan Wilson, Ph.D.
Charlie Yaple, Ph.D.\*
Anderson Young, Ph.D.

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## **Alumni Profile Update**

Thank you to all alumni who returned the profile update forms that we sent out in last year's issue of the Alumni Newsletter. We received many responses, which has allowed us to do a number of things. First, we feature Alumna/Alumnus of the month in the department. Each month, a picture of a selected graduate is prominently displayed in the Park Center. Second, we develop a file for students to access information about alumni. The students are able to look up alumni according to their field of interest and contact them about numerous topics. Finally, we have published "What you can do With a SUNY Cortland Recreation Degree." This publication highlights various alumni in therapeutic recreation and leisure services, environmental and outdoor recreation, leisure/recreation programming, college teaching, and professions outside of the field. We use this to enable prospective students and current recreation majors to see where this degree program might take them.

Again, we would like to thank all of you who sent in a profile form, and please encourage others to send them in too. Please take a minute to complete the "Alumni Profile" form if you have not already done so. Also, if possible, please send a black and white or color photo along with it.

Cortland Recreation Alumni Profile						
Name:			/ear Graduated:			
Degree (please circle):	B.S.	B.S.E.	s.E. M.S. M.S.E.			
Other Degrees Earned:						
<u>Date</u> <u>Degree</u>		<u>Field</u>		<u>Institution</u>		
Certifications (please circle): CTRS CPRP Other:						
Present/Most Recent Pos Full-time: Part-						
Brief description of duties:						
First position after graduating from Cortland:						
<u>Title</u>	Agency			Location		
Other Positions:						
<u>Title</u>	<u>Agency</u>			Location		

Over, please  $\rightarrow$ 

Fondest memory of Cortland:
What the Cortland degree did for me:
A word of advice to current Cortland Recreation majors:
Topics on which you would be willing to be contacted by students:
Note: The department assumes that, by completing this form, you are authorizing this information to be shared with current and prospective students and with others interested in our department and programs.
If you are also willing to have your name in a database of alumni, which present students may contact, please provide as much of the following additional information you are willing to share.
Phone: (Work) ( ) (Home) ( )
Fax: E-Mail:
Mailing Address:
Preferred means for students to contact you:
Your responses and contributions to this newsletter are welcome. If you have news you'd like included in next year's newsletter, please include a hard copy of the information you'd like to share with this Profile.
Please return to: (with a photo_if possible)

Department of Recreation and Leisure Studies, SUNY Cortland, P.O. Box 2000, Cortland, NY 13045. Fax: 607/753-5982; Voice: 607/753-4941. Thank you!

# 52<sup>nd</sup> Annual Cortland Recreation Conference Registration Form November 7- 8, 2002

Name		Alur	nnus of	Class of		
Agency/School	Title					
Address						
E-mail Address		Da	aytime Phone			
	Departn c/d		anning Class rtland ′ 13045 ·4939			
	Section	of Interest (che	eck all that apply)			
Commercial	Community	Outdoor	Therapeutic Recrea	ation Other		
Please Check:						
Professional F	Registration\$36	S**	Student Registration	\$ 8**		
After 10	After 10/10\$50 After 10/10\$10			\$10		
CEU Credits (	optional)\$8					
"Then and Now"	Luncheon Thurs	day				
I will att	end the luncheon	\$5*				
1	would be willing t	o share a mem	ory, experience, or hum	orous story		
1	would be willing t	o share slides,	ohotos, etcPlease spe	ecify:		
I will att	end and would lik	e to sponsor a s e to sponsor a s	student\$20 student\$10			
Total Amount: \$_		Check #	Voucher #	<u> </u>		

Registration fees include entertainment, coffee, snacks, and entry to all educational sessions.

<sup>\*</sup>Class of 1977 alumni attend "Then and Now" luncheon free of charge as our guests.

\*\*First 250 registrants will receive a free 52nd Annual Cortland Recreation Conference commemorative gift.

State University of New York College at Cortland P.O. Box 2000 Cortland, NY 13045-0900 Bulk Rate U.S. Postage PAID Permit No. 14

### **CONFERENCE PROGRAM**

#### THURSDAY, NOVEMBER 7, 2002

Registration – 8:00 am
Exhibits/Job Tables – 8:30 am
Morning Sessions
8:45-9:30 am
9:00-10:30 am – BREAK – 10:45-12:15 pm
9:45-10:30 pm
10:45-12:00 pm
Then and Now Informal Luncheon – 12:15-1:15 pm
Afternoon Sessions
1:30-2:45 pm Professional Roundtables
2:45-3:45 pm – Exhibitor/Networking Forum
All-Conference Social – 4:00-6:00 pm

### FRIDAY, NOVEMBER 8, 2002

Alumni Breakfast – 7:00-8:15 am
Registration – 8:00am
Exhibits/Job Tables – 8:00 am
Morning Sessions
8:45-9:30am
9:00-10:30am – BREAK – 10:45-12:15pm
9:45-10:30pm
10:45-12:00pm
Professional-Student Luncheon – 12:15-1:15 pm
Keynote Address – 1:30-2:30 pm
Afternoon Sessions
2:45-4:00pm

GOODBYE...HOPE YOU HAD FUN!