

PHYSICAL EDUCATION DEPARTMENT





MAJORS

PHYSICAL EDUCATION

Adapted Physical Education
Outdoor Adventure Education

CAREER POTENTIAL

K-12 physical education teacher
Adapted physical education teacher
Adapted physical education specialist
for hospitals, children's centers and
community-based programs
Trip leader for outdoor programs

→ *More than 200 physical education and health teachers attend the annual Central South Zone, Cortland Mini-Conference in collaboration with New York State Association for Health, Physical Education, Recreation and Dance (AHPERD). The event provides professional development and networking opportunity for students.*

PROGRAM HIGHLIGHTS

It's no secret that SUNY Cortland boasts one of the strongest physical education programs in the nation. Learning from dedicated professors who double as experts in the field, students realize the link between teaching, coaching and service while becoming difference-makers themselves.

UNIQUE LEARNING SPACE

The Sensory Integration/Motor Sensory (SIMS) Movement Exploration Center provides cross-disciplinary sensory integration training and research opportunities. Activities also take place in the Adirondacks, where SUNY Cortland maintains a one-of-a-kind outdoor education center for workshops and classes.

PREPARED TO THE HIGHEST STANDARDS

Coursework is relevant and informed by the Society of Health and Physical Educators (SHAPE) America, Adapted Physical Education National Standards and New York State Learning Standards in Physical Education. Students also work directly with local school districts, accumulating at least 100 hours of field experience before student teaching.

By the numbers

#1

academic major with the highest undergraduate enrollment

→ *Cortland also has the largest teacher education program in the State University of New York system.*

LEARN MORE

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Park Center, Room 1126
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cortland.edu/physed