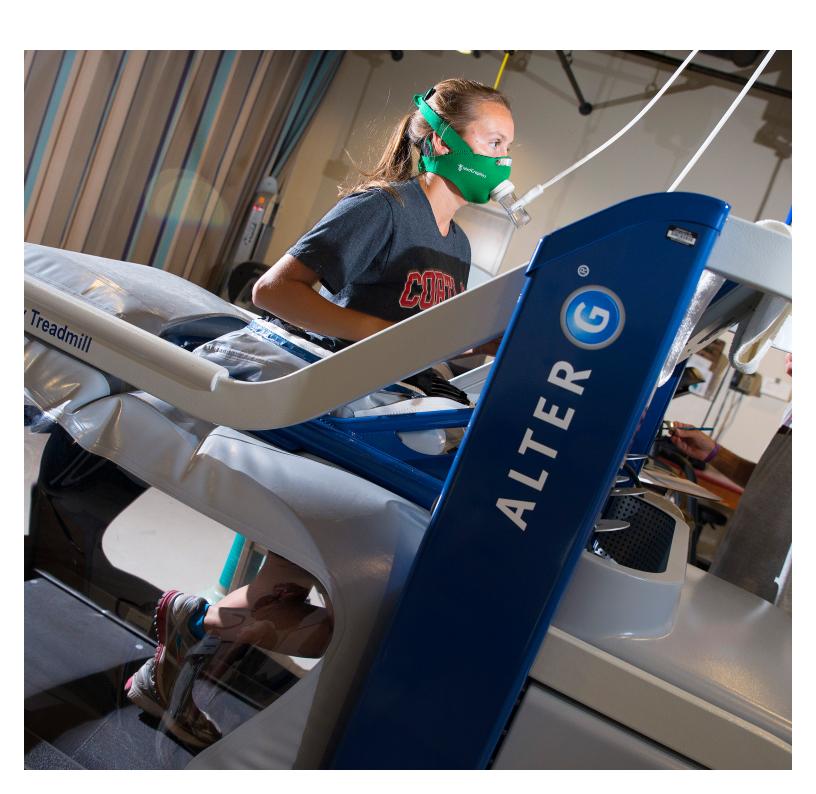
KINESIOLOGY

DEPARTMENT





MAJORS

COACHING
EXERCISE SCIENCE
SPORT STUDIES
STRENGTH AND CONDITIONING

CAREER POTENTIAL

Areas of opportunity:

Athletic training
Biomechanics
Cardiac or pulmonary rehabilitation
Chiropractic medicine
Fitness management
Physical therapy or occupational therapy
Nutrition
Sport-related research

→ SUNY Cortland also offers graduate programs in athletic training and exercise science.

PROGRAM HIGHLIGHTS

The Kinesiology Department prepares students to excel in professions related to physical activity and sport. With dedicated professors, modern facilities and funded research possibilities, hardworking students are prepared to enter graduate school in areas such as physical therapy, occupational therapy, athletic training, exercise physiology, biomechanics or motor behavior.

HANDS-ON OUTLETS

Cortland's annual Sports Medicine Symposium brings in keynote speakers from various healthcare professions, including team doctors, strength and conditioning coaches and other clinician-related areas. Active groups include FIT Club and Dartfish Club. The latter provides opportunities for certifications in sport video analysis.

REWARDS OF RESEARCH

The Professional Studies Building includes designated research labs for biomechanics, exercise physiology and motor behavior. Students have explored topics ranging from an Alter G treadmill's effects on running efficiency to the benefits of short-term exercise in treating Parkinson's disease.

By the numbers



stipend awarded to student summer research fellows, plus housing

→ through the Undergraduate
Research Council

LEARN MORE

Kinesiology Department

Professional Studies Building, Room 1164 607-753-4300

cortland.edu/kinesiology