

SUNY Cortland
General Education and Degree Requirements for the
B.S.Ed. Degree in Physical Education (PEM)

Transfer Courses from Clinton Community College's
A.A. in Humanities and Social Sciences, HPE Emphasis

SUNY Cortland Course	Credit Hours	Clinton CC's Course	Credit Hours
GE 1: Quantitative Skills	3	Fulfilled by Cortland's PED 434	
GE 2: Natural Sciences	3-4	BIO 101 General Biology I	4
GE 3: Social Sciences PSY 101 General Psychology I	3	PSY 101 Introduction to Psychology	3
GE 4: American History	3	History Elective – SUNY GE American History	3
GE 6: Other World Civilization/Contrasting Cultures	3	ANT 101 Cultural Anthropology	3
GE 7: Humanities	3	ENG 102 Literature and Composition	Credits counted below
GE 8: The Arts	3	MUS 101 Music Appreciation	3
GE 9: Foreign Language	3	Foreign Language	3
GE 10: Basic Communications CPN 100 Writing Studies I AND	3	ENG 101 English Composition	3
CPN 101 Writing Studies II AND	3	ENG 102 Literature and Composition	3
Additional General Education (to reach 30 credits)		SOC 101 Introduction to Sociology	3
		MAT 161 Elementary Statistics	3
Presentation Skills	3	Fulfilled by Cortland's EDU 255	
GE 11: Prejudice and Discrimination	3	Waived for Transfer Students with 35+ transfer credits	
GE 12: Science, Technology, Values & Society	3	Waived for Transfer Students with 35+ transfer credits	
BIO 301 – Human Anatomy and Physiology I	3	BIO 228: Anatomy and Physiology I	4
BIO 302 – Human Anatomy and Physiology II	3	BIO 229: Anatomy and Physiology II	4
PSY 332 – Educational Psychology	3		
Writing Intensive course	3	No equivalent allowed	
Writing Intensive course	3	No equivalent allowed - Fulfilled by Cortland's EDU 470	
			39
		Credits to complete at Cortland	6

Professional Block: 2.5 GPA at Cortland required

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EDU 255 – Basics of Effective Instruction in Physical Education (PRES)	3	No Equivalent Allowed	
EDU 256 – Seminar for Field Experience	1	No Equivalent Allowed	
PED 321- Movement Education	3		
EDU 355 – The Physical Education Curriculum: Planning and Practice	3	No Equivalent Allowed	
EDU 454 – Pre-Student Teaching Conference in Physical Education	.5	No Equivalent Allowed	
EDU 455 – Student Teaching Seminar in Physical Education	.5	No Equivalent Allowed	
EDU 456 – Student Teaching in Physical Education	14	No Equivalent Allowed	
PED 201 – Motor Development	3	No Equivalent Allowed	
PED 356 – Adapted Physical Education and Sport	3	No Equivalent Allowed	
	31		0
		Credits to complete at Cortland	31

Professional Education

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EDU 470 – Foundations and Organization of Modern Education	3	No Equivalent Allowed	
HLH 110 – Personal and Community Health	3	HPE 101 Personal Health	3
HLH 120 – Responding to Emergencies	2	HPE 102 Safety and First Aid	2
Coaching Requirement: EXS 230 Foundations of Coaching: Principles and Theories (3 cr) or One coaching clinic from PED 404-418 (2 cr)	2-3		
	10-11		5
		Credits to complete at Cortland	5

Physical Education Theory

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EXS 197 – History and Philosophy of Physical Education and Sport	3		
EXS 297 – Motor Behavior	3		
EXS 387 – Biomechanics	3		
EXS 397 – Exercise Physiology	3		
PED 101 – Intro to Contemporary Physical Education	1		
PED 308 – Outdoor Adventure Education for Teachers	3		
PED 382 – School Based Fitness Programming	3		
PED 434 – Statistics and Assessment in Physical Education (fulfills GE 1)	3		
Choose one course from the following:	3		
EXS 287 – Social Psychological Aspects of Physical Activity			
EXS 290 – Social Problems and Issues in Sport and Exercise			

EXS 345 – Sport and Society		HPE 202 Sport and Society	3
EXS 346 – Sport Psychology			
EXS 367 – Exercise Psychology			
EXS 410 – Ethics in Sport			
EXS 420 – History of Physical Activity and Sport in American Culture			
	25		3
		Credits to complete at Cortland	22

Physical Education Activities : 15 activity credit maximum to count toward major

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
PED 180 – Team Sport Methods	1		
PED 181 – Adventure Activities	1		
PED 189 – Aquatics	1		
PED 253 – Inclusive Activities in Physical Education	1		
PED 257 – Lifetime Activities in Physical Education	1		
PED 282 – Health Related Physical Fitness	1	HPE 105 Physical Fitness (1 cr)	1
PED 283 – Racquet Activities	1	HPE 111 Racquetball and HPE 113 Tennis	1
PED 381 – Sport Models in Physical Education	1		
PED 384 – Self Defense	1		
PED 385 – Gymnastics Activities for School Settings	1		
PED 388 – Rhythms and Dance	1		
One Activity elective	1	Extra credit from HPE 111/HPE 113	1
	12		3
		Credits to complete at Cortland	9

Electives

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
		ENG literature elective	3
		COM 101 Public Speaking	3
		MAT 103 Finite Mathematics OR MAT 104 College Algebra with Trigonometry I	3
		LIB 101 Library Research	1
		HPE 146 Philosophies, Principles, Organization of Athletics in Education	3
		SCI 110 Foundation Skills in Science	1
	0-2	Total Transfer Elective Credits	14
Credits Required for Graduation	126	Total Transfer Credits	64
		Total Credits to complete at Cortland	73