

SUNY Cortland
General Education and Degree Requirements for the
B.S.Ed. Degree in Physical Education

Transfer Courses from Fulton Montgomery Community College

General Education and Degree Requirements

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
GE 1: Quantitative Skills	3	Fulfilled by Cortland's PED 434	
GE 2: Natural Sciences	3-4	SCI 136 Essentials of Anatomy & Physiology	3
GE 3: Social Sciences PSY 101 General Psychology I	3	PSY 101 Introduction to Psychology	3
GE 4: American History	3	Any SUNY approved GE 4	3
GE 6: Other World Civilization/Contrasting Cultures	3	Any SUNY approved GE 6	3
GE 7: Humanities	3	Any SUNY approved GE 7	3
GE 8: The Arts	3	Any SUNY approved GE 8	3
GE 9: Foreign Language	3	Any SUNY approved GE 9	3
GE 10: Basic Communications CPN 100 Writing Studies I AND	3	ENG 103 English I	3
CPN 101 Writing Studies II AND	3	ENG 104 English II	3
Presentation Skills requirement	3	Fulfilled by Cortland's EDU 255	
GE 11: Prejudice and Discrimination	3	Waived for Transfer Students with 35+ transfer credits	
GE 12: Science, Technology, Values & Society	3	Waived for Transfer Students with 35+ transfer credits	
BIO 301 – Human Anatomy and Physiology I	3	BIO 181 Anatomy & Physiology I	4
BIO 302 – Human Anatomy and Physiology II	3	BIO 182 Anatomy & Physiology II	4
PSY 332 – Educational Psychology	3		
Writing Intensive course	3	No equivalent allowed – fulfilled by one required a PED course	
Writing Intensive course	3	No equivalent allowed	
			35
	15	Credits to complete at Cortland	9

Professional Block: 2.5 GPA at Cortland required

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EDU 255 – Basics of Effective Instruction in Physical Education (Presentation Skills)	3	No Equivalent Allowed	
EDU 256 – Seminar for Field Experience	1	No Equivalent Allowed	
EDU 355 – The Physical Education Curriculum: Planning and Practice	3	No Equivalent Allowed	
EDU 454 – Pre-Student Teaching Conference in Physical Education	.5	No Equivalent Allowed	
EDU 455 – Student Teaching Seminar in Physical Education	.5	No Equivalent Allowed	
EDU 456 – Student Teaching in Physical Education	14	No Equivalent Allowed	
PED 201 – Motor Development	3	No Equivalent Allowed	
PED 321 – Movement Education	3	No Equivalent Allowed	
PED 356 – Adapted Physical Education and Sport	3	No Equivalent Allowed	
	31		0
		Credits to complete at Cortland	31

Professional Education

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EDU 470 – Foundations and Organization of Modern Education (Writing Intensive)	3	No Equivalent Allowed	
HLH 110 – Personal and Community Health	3	HLT 135 Personal and Community Health	3
HLH 120 – Responding to Emergencies	2	HLT 134 Responding to Emergencies	2
EXS 230 Foundations of Coaching: Principles and Theories (3 cr) OR One course from PED 404-418 Coaching Clinics (2 cr)	2-3		
	10-11		5
		Credits to complete at Cortland	5-6

Physical Education Theory

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EXS 197 – History and Philosophy of Physical Education and Sport	3	PED 201 Intro to Teaching & Coaching	3
EXS 297 – Motor Behavior	3		
EXS 387 – Biomechanics	3		
EXS 397 – Exercise Physiology	3		
PED 101 – Intro to Contemporary Physical Education	1		
PED 308 – Outdoor Adventure Education for Teachers	3		
PED 382 – School-Based Fitness Programming	3		
PED 434 – Statistics and Assessment in Physical Education (fulfills GE 1)	3		
Choose one course from the following:	3		
EXS 287 – Social Psychological Aspects of Physical Activity			
EXS 290 – Social Problems and Issues in Sport and Exercise			
EXS 345 – Sport and Society			
EXS 346 – Sport Psychology			

EXS 367 – Exercise Psychology			
EXS 410 – Ethics in Sport			
EXS 420 – History of Physical Activity and Sport in American Culture			
	25		3
		Credits to complete at Cortland	22

Physical Education Activities: 15 activity credit maximum to count toward major

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
PED 180 – Team Sport Methods	1		
PED 181 – Adventure Activities	1		
PED 189 – Aquatics	1		
PED 253 – Inclusive Activities in Physical Education	1		
PED 257 – Lifetime Activities in Physical Education	1		
PED 282 – Health Related Physical Fitness	1	PED 137 Intro to Cardiovascular Fitness/Weight Management	1
PED 283 – Racquet Activities	1	PED 151 Racquet Activities	1
PED 381 – Sport Models in Physical Education	1		
PED 384 – Self Defense	1		
PED 385 – Gymnastics Activities for School Settings	1		
PED 388 – Rhythms and Dance	1		
One Activity elective	1		
	12		2
		Credits to complete at Cortland	10

Electives

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
		Total Transfer Elective Credits	0
Credits Required for Graduation	126	Total Transfer Credits	48
		Total Credits to complete at Cortland	78