



Enjoy the Scenery

Come for the ride and a memorable weekend in beautiful upstate New York. Located in the beautiful Finger Lakes region of Central New York, Cortland is just off Route 81, a major north-south interstate highway.

A small city of about 20,000, Cortland offers a quaint downtown business district with shops and restaurants, as well as easy access to biking trails and rivers and lakes. Ithaca and Syracuse are just a short drive away.



Contact Us

For more information about the Red Dragon Ride please write, call, e-mail or visit.

YMCA,
22 Tompkins Street
Cortland, NY 13045
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www.cortland.edu/reddragonride



Red Dragon Ride

Aug. 14-16, 2009
Cortland, N.Y.



Red Dragon Ride

The Cortland community and the State University of New York College at Cortland welcomes all cyclists to the Red Dragon Ride. On Saturday, Aug. 15, three rides of approximately 25, 55 and 80 miles will be held. Two rides of approximately 40 and 55 miles will take place on Sunday, Aug. 16.

Proceeds from this event will support scholarships for Cortland County students who attend SUNY Cortland as well as youth programs at the Cortland YMCA.

The Red Dragon Ride is hosted and sponsored by the Cortland YMCA, the SUNY Cortland College Foundation and the Cortland Regional Sports Council.

Cost for the ride is \$90. This includes a tee shirt, drinks and snacks at the beginning of the ride and along the ride routes, dinner and a social with entertainment.

Schedule

Friday, Aug. 14

6-9 p.m.

Check in and register at local hotels
See lodging information listed on our Web site at www.cortland.edu/reddragonride

Saturday, Aug. 15

6-8 a.m.

Register at Studio West, located on the SUNY Cortland campus (see campus map below)

8:30 a.m.

Ride starts at Studio West, located on the SUNY Cortland campus
Water and Gatorade will be available at the start and two rest stops. Water, Gatorade and light snacks will be available along the way.

5:30-8:30 p.m.

Dinner and Entertainment at Courthouse Park in downtown Cortland



Sunday, Aug. 16

8:30 a.m.

Ride starts at Studio West, located on the SUNY Cortland campus
Water and Gatorade will be available at the start and two rest stops. Water, Gatorade and light snacks will be available along the way.

1-4 p.m.

Tours of the SUNY Cortland campus and the Lynne Parks '68 SUNY Cortland Alumni House

SUNY Cortland Campus Map

