

SUNY Broome Transfer Planning Sheet – Health Education (HEC)

The following Cortland courses are recommended by the department to complete prior to transfer. The transfer credit limit from a 2-year college is 64 credits. All classes are three (3) credits unless otherwise noted. [SUNY Transfer Path](#) courses are underlined and notated in blue.

SUNY General Education/Cortland Degree Requirements (28 credits):

1. Any GE 1 Quantitative Skills
2. GE 2 Natural Science: BIO 110 Principles of Biology I (4 cr) *OR*
BIO 201 Biological Science I (4 cr)
3. GE 4 U.S. History & Society: HIS 200 The United States to 1877 *OR*
HIS 201 The United States since 1877
4. Any GE 6 Contrasting Cultures/Other World Civilization
5. Any GE 7 Humanities
6. Any GE 8 The Arts
7. Any GE 9 Foreign Language**
8. CPN 100 Writing Studies I
9. CPN 101 Writing Studies II

Course I will complete at my current college:

BIO 111 OR 118

HIS 130 OR 131

ENG 110

ENG 111

Major Requirements (24 credits):

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| 1. <u>PSY 101 Introductory Psychology</u> (fulfills GE 3 Social Science) | PSY 110 |
| 2. <u>BIO 301 Human Anatomy and Physiology I</u> | BIO 131 |
| 3. <u>BIO 302 Human Anatomy and Physiology II</u> | BIO 132 |
| 4. CAP 100 Intro to Computer Applications | CST 105 |
| 5. COM 210 Fundamentals of Public Speaking | SPK 110 |
| 6. <u>HLH 232 Nutrition</u> | BHM 101 OR BIO 121 OR DEN 209 |
| 7. HLH 302 Human Sexuality Education | BIO 121 |
| 8. <u>PSY 231 Child Psychology, PSY 232 Adolescent Psychology OR PSY 333 Developmental Psychology</u> | PSY 210 OR PSY 211 OR PSY 212 |

Electives (12 credits)

HEC Elective Options

HLH 111 International Health and Culture

BIO 104

Total: 64

**A foreign language course at the beginning level I (101) is required for this major. Sign language is acceptable as a foreign language for this major.

Health Education

School of Professional Studies

The program requirements pertain to the Undergraduate Catalog and are intended as a guide for academic planning. Students currently on SUNY campuses should consult their academic advisor for additional choices in general education categories when any course is recommended.

- To view all required courses for the program and Cortland's General Education courses, see the most current undergraduate [Catalog](#).
- Use the [transfer equivalency tables](#) to choose equivalents at your transfer college.
- If you plan to transfer before you complete your associate's degree, you can still earn your degree via [Reverse Transfer](#).

About Health Education

Teaching kids how to be healthy and practice good hygiene is only part of what a health education major covers. As a health education specialist, you could find yourself working in a community setting, on a college campus, hospitals or even in a corporate setting.

Career Potential

- Elementary health education specialist
- High school health educator
- Junior high school health educator
- Prevention specialist in school district or community
- District health education coordinator
- Public health educator

What Will I Learn?

You'll start with the basics of human anatomy and physiology and progress with a variety of health classes along with preparation for student teaching. The following concentrations give you the option to specialize in a particular area of interest.

Applying to Cortland

- SUNY Cortland accepts the Common Application and the SUNY Online [application](#). Choose just one way to apply; both require a \$50 non-refundable application fee.
- If you apply to Cortland using the SUNY application, SUNY will waive the \$50 application fee for transfer students graduating with an associate degree from a SUNY or CUNY college, who apply directly to Cortland for baccalaureate programs.
- Fall applicants should apply by March 1. Spring applications should apply by November 1.
- After [applying](#), students must send transcripts from all colleges attended and a high school transcript.