

## SUNY Broome Transfer Planning Sheet – Recreation (REC)

The following Cortland courses are recommended by the department to complete prior to transfer. The transfer credit limit from a 2-year college is 64 credits. All classes are three (3) credits unless otherwise noted. [SUNY Transfer Path](#) courses are underlined and notated in blue.

<u>SUNY General Education/Cortland Degree Requirements (27-28 credits):</u>	<u>Course I will complete at my current college:</u>
1. Any GE 1 Quantitative Skills	_____
2. Any GE 2 Natural Science Recommended: GLY 261 Physical Geology	GLG 115 recommended
3. GE 4 U.S. History & Society: HIS 200 The United States to 1877 <i>OR</i> HIS 201 The United States since 1877	HIS 130 OR 131
4. Any GE 6 Contrasting Cultures/Other World Civilization	_____
5. Any GE 7 Humanities	_____
6. Any GE 8 The Arts	_____
7. Any GE 9 Foreign Language**	_____
8. CPN 100 Writing Studies I	ENG 110
9. CPN 101 Writing Studies II	ENG 111

Major Requirements (8 credits):

- |  |         |
|--|---------|
| 1. COM 210 Fundamentals of Public Speaking   | SPK 110 |
| 2. CAP 100 Introduction to Computer Applications   | CST 105 |
| 3. Two Recreation activity courses (2 cr)<br>Some choices include: Recreation activity courses (backpacking, canoeing, kayaking, windsurfing, rock climbing, snowshoeing, skiing, snowboarding, etc.), Studio Arts courses (ceramics, sculpture, drawing, etc.), Physical Education courses (racket sports, aquatics, adventure activities, etc.), Music courses, Theater courses, Intercollegiate Athletics participation | _____   |

Electives (28-29 credits)

REC Elective Options

Additional 3 credit REC courses towards REC elective area. See Transfer Equivalency Chart for options.

Total: 64

\*\*A foreign language course at the beginning level I (101) is required for this major. Sign language is acceptable as a foreign language for this major.

## Recreation

### School of Professional Studies

The program requirements pertain to the Undergraduate Catalog and are intended as a guide for academic planning. Students currently on SUNY campuses should consult their academic advisor for additional choices in general education categories when any course is recommended.

- To view all required courses for the program and Cortland's General Education courses, see the most current undergraduate [Catalog](#).
- Use the [transfer equivalency tables](#) to choose equivalents at your transfer college.
- If you plan to transfer before you complete your associate's degree, you can still earn your degree via [Reverse Transfer](#).

## About Recreation

Contribute to the health and well-being of individuals and their communities with a major in recreation. A foundation in liberal arts, leadership, human relations and management skills, will help prepare you for a variety of career opportunities. With a high employment rate (more than 95 percent of graduates), recreation is your golden ticket to excellence after graduation.

## Career Potential

- Parks and recreation director
- Activity director
- YWCA/YMCA director
- Camp director

## What Will I Learn?

- Choose a curriculum focused on working with youth or older adults.
- Resourcefulness, service-learning and independent thinking in and out of the classroom

## Applying to Cortland

- SUNY Cortland accepts the Common Application and the SUNY Online [application](#). Choose just one way to apply; both require a \$50 non-refundable application fee.
- If you apply to Cortland using the SUNY application, SUNY will waive the \$50 application fee for transfer students graduating with an associate degree from a SUNY or CUNY college, who apply directly to Cortland for baccalaureate programs.
- Fall applicants should apply by March 1. Spring applications should apply by November 1.
- After [applying](#), students must send transcripts from all colleges attended and a high school transcript.