### ALFRED STATE CURRICULUM | SUNY CORTLAND RECOMMENDS AT ALFRED | SUNY CORTLAND EQUIVALENT
--- | --- | ---
**First Semester – 16 cr**
ASDC xxxI College Success or Career Planning (1cr) |  | GEN 1XX General Elective
COMP 1503 Freshmen Composition (3 cr) |  | CPN 100 Writing Studies I
XXX3 Gen Education Elective (3cr) | PSYC 1013 General Psychology (GE 3) | PSY 101 Introductory Psychology
XXX3 Gen Education Elective (3cr) | HIST 1143 Survey of American History I (GE4) or HIST 2153 Survey of American History II (GE4) | HIS 200 The United States to 1877 or HIS 201 The United States since 1877
XXX3 Career Area (3cr) | HPED 1603 Principles of Organizing Phys Ed and Athletics | EXS 197 History and Philosophy of Physical Education and Sport
XXX3 Elective (3cr) |  | Course of choice

**Second Semester – 15 cr**
SPCH 1083 Effective Speaking (3cr) |  | COM 210 Fundamentals of Public Speaking
XXX3 Gen Education Elective (3cr) | LITR 2603 Introduction to Literature (GE 7) | CPN 101 Writing Studies II
XXX3 Gen Education Elective (3cr) | MATH 1123 Statistics I (GE 1) or choose math level in consultation with advisor | MAT 201 Statistical Methods
XXX3 Career Area (3cr) | HPED 4103 Personal Health | HLH 110 Personal and Community Health
XXX3 Elective (3cr) | BIOL 2303 Human Biology | SCI 2XX Science Elective

**Third Semester – 15 cr**
XXX3 Career Area (3cr) | BIOL 1404 Anatomy and Physiology I (4cr) (GE 2) | BIO 301 Human Anatomy and Physiology I
XXX3 Elective (3cr) | SPAN 1203 Spanish I (GE 9) or ITAL 1303 Italian I (GE9) | SPA 101 Beginning Spanish I or ITA 101 Beginning Italian I
XXX3 Elective (3cr) | EDUC 2163 Foundations of Education | INT 270 Exploring Education
XXX3 Gen Education Elective (3cr) | HIST 1113 History of Western Civilization since 1648 (GE 5) | HIS 111 Western Civilization since 1715
XXX3 Gen Education Elective (3cr) or Liberal Arts Elective | FNAT 1013 Art Appreciation (GE8) or FNAT 1313 Art History (GE8) | ATH 120 Backgrounds in Art
 |  | ATH 121 Art in the Ancient World
<table>
<thead>
<tr>
<th>Fourth Semester – 15 cr</th>
<th>BIOL 2504 Anatomy and Physiology II (4cr)</th>
<th>BIO 302 Human Anatomy and Physiology II</th>
</tr>
</thead>
<tbody>
<tr>
<td>XXX3 Career Area (3cr)</td>
<td>EDUC 2013 Educational Psychology</td>
<td>PSY 332 Educational Psychology</td>
</tr>
<tr>
<td>XXX3 Career Area (3cr)</td>
<td>SPMG 2123 History of Sport</td>
<td>EXS 420 History of Phys Activity &amp; Sport in American Culture</td>
</tr>
<tr>
<td>XXX3 Elective (3cr)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>XXX3 Gen Education Elective (3cr)</td>
<td>ANTH 1013 Cultural Anthropology or consult the SUNY approved GE list and choose GE 6 Other World Civilizations</td>
<td>ANT 102 Intro to Cultural Anthropology</td>
</tr>
<tr>
<td>XXX3 Gen Education Elective (3cr) or Liberal Arts Elective</td>
<td>Course of choice</td>
<td></td>
</tr>
<tr>
<td>One Unit of Physical Education</td>
<td>HPED 1121 Basketball (1 cr) and HPED 1031 Volleyball (1cr) or HPED 1341 Softball (1cr)</td>
<td>PED 180 Team Sport Methods</td>
</tr>
<tr>
<td>Total Credits Required: 62</td>
<td>Actual Credits: 66</td>
<td></td>
</tr>
</tbody>
</table>