

SUNY Broome Transfer Planning Sheet – Physical Education (PEM)

The following Cortland courses are recommended by the department to complete prior to transfer. The transfer credit limit from a 2-year college is 64 credits. All classes are three (3) credits unless otherwise noted. [SUNY Transfer Path](#) courses are underlined and notated in blue.

SUNY General Education/Cortland Degree Requirements (24-25 credits):

1. Any GE 2 Natural Science course (3-4 cr)
2. GE 4 U.S. History & Society: HIS 200 The United States to 1877, **OR**
HIS 201 The United States since 1877
3. Any GE 6 Contrasting Cultures/Other World Civilization course
4. Any GE 7 Humanities
5. Any GE 8 The Arts course
6. Any GE 9 Foreign Language**
7. CPN 100 Writing Studies I
8. CPN 101 Writing Studies II

Course I will complete at my current college:

HIS 130 or 131

ENG 110

ENG 111

Major Requirements (28 credits):

1. PSY 101 Introductory Psychology (will also fulfill GE 3 Social Science)
2. PSY 332 Educational Psychology
3. BIO 301 Human Anatomy and Physiology I
4. BIO 301 Human Anatomy and Physiology II
5. EXS 197 History and Philosophy of Physical Education and Sport
6. HLH 110 Personal and Community Health
7. HLH 120 Responding to Emergencies (2 cr)
8. PED 180 Team Sport Methods (1 cr)
9. PED 181 Adventure Activities (1 cr)
10. PED 282 Health Related Physical Fitness (1 cr)
11. PED 283 Racquet Activities (1 cr)
12. PED 388 Rhythms and Dance (1 cr)
13. EXS 345 Sport and Society **OR** EXS 346 Sport Psychology

PSY 110

PSY 250

BIO 131

BIO 132

PED 160

PED 162

PMD 201

PED 187

PED 181

PED 118 OR 119

Must take both PED 106 and PED 169

PED 188

PED 161 OR PSY 265

Electives (11-12 credits)

PEM Adapted Physical Education Concentration Options

- ASL 101 Beginning American Sign Language I
- SPE 270 Introduction to Special Education

ASL 120

ECE 210

Total: 64

**A foreign language course at the beginning level I (101) is required for this major. Sign language is acceptable as a foreign language for this major.

Physical Education

School of Professional Studies

The program requirements pertain to the 2019-2020 Undergraduate Catalog and are intended as a guide for academic planning. Students currently on SUNY campuses should consult their academic advisor for additional choices in general education categories when any course is recommended.

- To view all required courses for the program and Cortland's General Education courses, see the most current undergraduate [Catalog](#).
- **You can choose to add the Adapted Physical Education concentration to this program.**
- Use the [transfer equivalency tables](#) to choose equivalents at your transfer college.
- Students in Physical Education can choose to add the Adapted Physical Education concentration to this program.
- If you plan to transfer before you complete your associate's degree, ask us about the [Reverse Transfer](#) process.

About Physical Education

Join our winning team by becoming a part of one of the best and most highly regarded physical education programs in the nation. Always dreamed of educating students but in an active way? At Cortland, you will integrate physical education theory with hands-on practice, utilizing a range of teaching styles and instructional strategies. This major leads to New York state certification to teach physical education to grades K-12.

Career Potential

- K-12 physical education teacher
- Adapted physical education teacher
- Adapted physical education specialist for hospitals, children's centers and community-based programs
- Educator at an outdoor center

What Will I Learn?

- Leadership and practical skills needed to effectively implement physical education curriculum in schools
- Effective teaching, curriculum and assessment practices
- A broad spectrum of fitness, sports and lifelong physical activities
- Certification to coach interscholastic sports

Applying to Cortland

- SUNY Cortland accepts the Common Application and the SUNY Online [application](#). Choose just one way to apply; both require a \$50 non-refundable application fee.
- The State University waves the \$50 application fee for transfer students graduating with an associate degree from a SUNY or CUNY college, who apply directly to Cortland for baccalaureate programs.
- Fall applicants should apply by March 1. Spring applications should apply by November 1.
- After [applying](#), students must send transcripts from all colleges attended and a high school transcript.