Transfer Planning Sheet (Tompkins Cortland Community College)
Sport Studies (SPST)

The following SUNY Cortland courses are recommended by the department to complete prior to transfer. The transfer credit limit from a 2-year college is 64 credits. All classes are three (3) credits unless otherwise noted. SUNY Transfer Path courses are underlined and notated in blue. Transfer students who have completed SUNY General Education prior to attending SUNY Cortland will have met their General Education requirements at SUNY Cortland.

SUNY General Education/Cortland Degree Requirements (33-34 credits)	Course I will complete at my current college:
o Communication 1 (GEC1)* CPN 100 Writing Studies I	ENGL 100
o Communication 2 (GEC2)* CPN 101 Writing Studies II	ENGL 101
o Communication – Presentation (GECP)*	_____
o Diversity: Equity, Inclusion & Social Justice (GEDI)*	_____
o Mathematics (GEMA)*	_____
o Natural Sciences (GENS)* (3-4 cr)	_____
o Humanities (GEHU)	_____
o The Arts (GEAR)	_____
o US History & Civic Engagement (GEUS)	_____
o World History & Global Awareness (GEWH)	_____
o World Languages (GEWL)**	_____

***Indicates required SUNY General Education Category**

****A foreign language course at the beginning level I (101) is required for this major. Sign language is acceptable as a foreign language for this major.**

Major Requirements (25 credits):

o BIO 301 Human Anatomy and Physiology I (4 cr)	^BIOL 131 OR 201
o BIO 302 Human Anatomy and Physiology II (4 cr)	^BIOL 132 OR 202
o PSY 101 Introductory Psychology (will also fulfill GE Social Sciences)	PSYC 103
o CAP 100 Intro to Computer Applications	Must do all 3 – CAPS 111, 121, 131
o EXS 100 Intro to Kinesiology	RECR 112
o EXS 397 Exercise Physiology I	RECR 232
o Three (3) credits of physical education activity courses (courses on charts as PED 1XX electives are acceptable)	_____ _____ _____

^BIOL 201 and 202 is the recommended sequence, but Cortland will accept BIOL 131 or 132 to meet the requirement.

Electives (5-7 credits)
Total: 64

Sport Studies
School of Professional Studies

The program requirements pertain to the Undergraduate Catalog and are intended as a guide for academic planning. Students currently on SUNY campuses should consult their academic advisor for additional choices in general education categories when any course is recommended.

- To view all required courses for the program and Cortland's General Education courses, see the most current undergraduate Catalog.
- Use the transfer equivalency tables to choose equivalents at your transfer college.
- If you plan to transfer before you complete your associate's degree, you can still earn your degree via Reverse Transfer.

About Sport Studies

As a sport studies major, you'll look at sports and other physical activity through the lens of history, psychology and sociology. In addition to studying sports history, you'll look at the role of sport in American society. Sport studies examines sport's cultural relationship with education, the economy, families, the media and politics and considers race, class and gender differences in the sport experience.

Career Potential

- Youth sports director — YMCA/YWCA
- Sport psychologist
- Sport historian
- Sport sociologist
- Sports journalism
- Sports broadcasting
- Sport management
- Sports Information
- Coaching

What Will I Learn?

- You'll be in a flexible, broad-based program that combines major courses with a number of electives.
- Courses emphasize current research as well as its practical application.
- You'll take core courses in exercise science along with classes in other disciplines such as:
- History, Sociology, Psychology
- Physical education

Applying to Cortland

- SUNY Cortland accepts the Common Application and the SUNY Online application. Choose just one way to apply; both require a $50 non-refundable application fee.
- If you apply to Cortland using the SUNY application, SUNY will waive the $50 application fee for transfer students graduating with an associate degree from a SUNY or CUNY college, who apply directly to Cortland for baccalaureate programs.
- Fall applicants should apply by March 1. Spring applications should apply by November 1.
- After applying, students must send transcripts from all colleges attended and a high school transcript.