

Transfer Planning Sheet Physical Education (PEM)

The following SUNY Cortland courses are recommended by the department to complete prior to transfer. The transfer credit limit from a 2-year college is 64 credits. All classes are three (3) credits unless otherwise noted. [SUNY Transfer Path](#) courses are underlined and notated in blue. Transfer students who have completed SUNY General Education prior to attending SUNY Cortland will have met their General Education requirements at SUNY Cortland.

SUNY General Education/Cortland Degree Requirements (33 credits)

Course I will complete at my current college:

- Communication 1 (GEC1)*
CPN 100 Writing Studies I
- Communication 2 (GEC2)*
CPN 101 Writing Studies II
- Communication – Presentation (GEC2P)*
- Diversity: Equity, Inclusion & Social Justice (GEDI)*
- Mathematics (GEMA)*
- Natural Sciences (GENS)* (3-4 cr)
- Humanities (GEHU)
- The Arts (GEAR)
- US History & Civic Engagement (GEUS)
- World History & Global Awareness (GEWH)
- World Languages (GEWL)**

*Indicates required SUNY General Education Category

****A foreign language course at the beginning level I (101) is required for this major. Sign language is acceptable as a foreign language for this major.**

Major Requirements (29 credits):

- PSY 101 Introductory Psychology (will also fulfill GE Social Science)
- PSY 332 Educational Psychology
- BIO 206 Fundamentals of Anatomy and Physiology (4 cr)
 - If no course equivalents to BIO 206 available, students may take courses equivalent to BIO 301 **and** BIO 302 to meet degree requirements
- EXS 197 History and Philosophy of Physical Education and Sport
- EXS 397 Exercise Physiology I
- HLH 110 Personal and Community Health
- HLH 120 Responding to Emergencies (2 cr)
- PED 180 Team Sport Methods (football/softball/basketball/volleyball)(1 cr)
- PED 181 Adventure Activities (1 cr)
- PED 189 Aquatics (1 cr)
- PED 283 Racquet Activities (tennis/badminton/racquetball/pickleball)(1 cr)
- PED 388 Rhythms and Dance (1 cr)
- EXS 345 Sport and Society **OR** EXS 346 Sport Psychology
OR EXS 367 Exercise Psychology **OR** EXS 410 Ethics in Sport

Electives (8-9 credits)

Total: 64

Physical Education

School of Professional Studies

The program requirements pertain to the 2019-2020 Undergraduate Catalog and are intended as a guide for academic planning. Students currently on SUNY campuses should consult their academic advisor for additional choices in general education categories when any course is recommended.

- To view all required courses for the program and Cortland's General Education courses, see the most current undergraduate [Catalog](#).
- **You can choose to add the Adapted Physical Education concentration to this program.**
- Use the [transfer equivalency tables](#) to choose equivalents at your transfer college.
- Students in Physical Education can choose to add the Adapted Physical Education concentration to this program.
- If you plan to transfer before you complete your associate's degree, ask us about the [Reverse Transfer](#) process.

About Physical Education

Join our winning team by becoming a part of one of the best and most highly regarded physical education programs in the nation. Always dreamed of educating students but in an active way? At Cortland, you will integrate physical education theory with hands-on practice, utilizing a range of teaching styles and instructional strategies. This major leads to New York state certification to teach physical education to grades K-12.

Career Potential

- K-12 physical education teacher
- Adapted physical education teacher
- Adapted physical education specialist for hospitals, children's centers and community-based programs
- Educator at an outdoor center

What Will I Learn?

- Leadership and practical skills needed to effectively implement physical education curriculum in schools
- Effective teaching, curriculum and assessment practices
- A broad spectrum of fitness, sports and lifelong physical activities
- Certification to coach interscholastic sports

Applying to Cortland

- SUNY Cortland accepts the Common Application and the SUNY Online [application](#). Choose just one way to apply; both require a \$50 non-refundable application fee.
- The State University waves the \$50 application fee for transfer students graduating with an associate degree from a SUNY or CUNY college, who apply directly to Cortland for baccalaureate programs.
- Fall applicants should apply by March 1. Spring applications should apply by November 1.
- After [applying](#), students must send transcripts from all colleges attended and a high school transcript.

Cortland's Urban Recruitment of Educators (C.U.R.E.) Program (Fall Applicants Only)

- SUNY Cortland's C.U.R.E. program provides scholarship support, mentoring and programming to eligible students interested in working in urban education after graduation.
- Students from demographic groups that are underrepresented in teaching or students who have a serious interest in urban education are eligible to apply.
- Admission in the C.U.R.E. program is open to Fall applicants only. [Applications](#) can be submitted online.